



Medical Scheme
Administered by Discovery Health

Netcare Medical Scheme

WellnessWallet



2026

WellnessWallet

The **WellnessWallet** offers a range of once-per-membership lifetime benefits for members on the Netcare Savings benefit option. These benefits are available from 2026 and are subject to PMB guidelines. To qualify, you must be a registered member of the Netcare Medical Scheme.



What is covered?



General health:

- GP Consultations
- Eye check-up
- Optometry (frames and lenses)
- Hearing check-up
- Skin cancer screening
- Lung cancer screening



Allied Health Services:

- Dieticians
- Biokineticists
- Physiotherapists
- Audiologists
- Podiatrists
- Speech therapists
- Chiropractors
- Occupational therapists
- Psychologists



Medical Devices:

- Devices to monitor blood pressure, blood sugar, cholesterol, and weight (must have a NAPPI code and be purchased from a registered provider)



Acute Medication:

- Subject to Scheme Rules and Designated Service Providers

Your WellnessWallet Limits



Principal Member:
R1,500



Adult or Spouse dependant:
R1,200



Child dependant:
R500



Up to a maximum of
R4,000
per family



How to Activate Your WellnessWallet

The Principal Member activates the benefit for themselves and for any child dependants younger than 18 years at the time of the screening by completing a Health Risk Assessment.

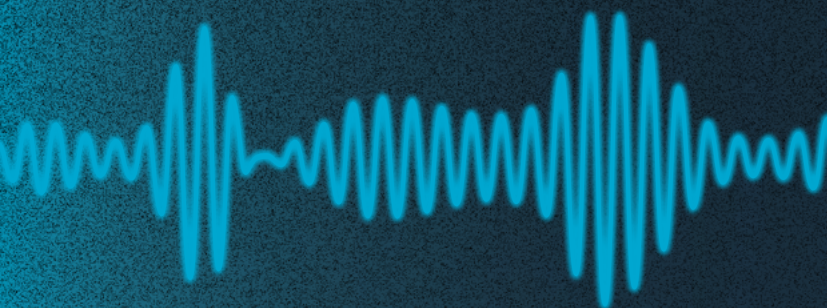
Spouses, Adult dependants, and Child dependants aged 18 years or older must each complete their own HRA to unlock the benefit.

Once activated, your WellnessWallet funds are available for use until **31 December 2027**.



Important things to remember

- The **WellnessWallet** is a once-off benefit, available for a maximum of two benefit years, in the year of joining and up to the end of the next year, tracked across all periods of Scheme membership, regardless of lapses or reinstatements.
- The benefit is available to all beneficiaries active in 2026 only and must be utilised by the 31st of December 2027.
- Beneficiaries with a membership start date after 31 December 2026 will not have access to the benefit.
- Qualifying healthcare services are covered up to a maximum of 100% of the Scheme Rate, subject to the overall benefit limit.
- Claims paid from your WellnessWallet do not impact your day-to-day benefits.
- Claims for services provided prior to the WellnessWallet activation date are not eligible for funding.
- **Clinical Criteria:** Benefits are subject to Scheme rules, clinical protocols, and use of Network providers.





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