

## Chronic Illness Benefit medicine list (formulary) for the Chronic Disease List (CDL) conditions and the non-CDL conditions 2024

### Who we are

Netcare Medical Scheme (referred to as "the Scheme"), registration number 1584, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the administrator"), is a separate company and an authorised financial services provider (registration number 1997/013480/07), that administers the Netcare Medical Scheme.

### Contact details

You can call us on 0861 638 633 or visit [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za) for more information.

### Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Netcare Medical Scheme rules. The use of the benefits and programmes linked with the CIB are subject to specific conditions and rules. Members must make sure that they know these rules and conditions. The Netcare Medical Scheme rules can be accessed on [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za).

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

The CIB covers a comprehensive list of chronic conditions that includes asthma, diabetes, high cholesterol and high blood pressure. The Chronic Disease List (CDL) is a defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

You have full cover for approved medicine on the Scheme's medicine list. Approved medicine not on the medicine list will be funded up to the Chronic Drug Amount (CDA).

Netcare Medical Scheme reserves the right to change the benefit at any time.

For more information call us on 0861 638 633 or visit us at [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za).

## About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

Terminology	Description
Active ingredient	This is the main substance in a medicine that is responsible for the clinical action on a human body.
Benefit year	A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) is applicable for 2024 only.
Chronic Disease List (CDL)	A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.
Chronic Drug Amount (CDA)	The CDA is a set monthly amount we pay up to for a medicine class. This applies to medicine that is not listed on the medicine list (formulary). The Chronic Drug Amount includes VAT and the dispensing fee.
Medicine class	This describes medicines that have similar chemical structures or similar therapeutic effects.
Non-CDL conditions	Additional chronic conditions covered by Netcare Medical Scheme.
Prescribed Minimum Benefit (PMB) conditions	<p>In terms of the Medical Schemes Act of 1998 (Act number 131 of 1998) and its regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of any life-threatening emergency medical condition, a defined set of 271 diagnoses and 27 chronic conditions. These conditions and their treatments are known as the Prescribed Minimum Benefits (PMB).</p> <p>All medical schemes in South Africa have to include the Prescribed Minimum Benefits in the health plans they offer to their members. There are, however, certain requirements that a member must meet before he or she can benefit from the Prescribed Minimum Benefits. The three requirements are:</p> <ul style="list-style-type: none"> <li>• The condition must be part of the list of defined PMB conditions</li> <li>• The treatment needed must match the treatments in the defined benefits on the PMB list</li> <li>• Members must use the scheme's designated healthcare service providers.</li> </ul>



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## The Chronic Disease List (CDL) medicine list (formulary) for Netcare Medical Scheme

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Addison's disease</b>	R215	Systemic Corticosteroids: Hydrocortisone	Hydrocortisone	Covocort 10mg
	R150	Systemic Corticosteroids: Mineralocorticoids	Fludrocortisone	Florinef acetate 0.1mg
<b>Asthma</b>	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R190	Inhaled Glucocorticoids	Beclomethasone	Beceze 200 dose 50mcg
				Beclate 200 dose 50mcg; 100mcg; 200mcg
				Beclomethasone Glenmark 200 dose 100mcg; 200mcg
			Budesonide	Budeflam HFA 300 dose 100mcg; 200mcg
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/250; 50/500
				Sereflo DPI 60 dose 50/100; 50/250; 50/500
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				
R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
<b>Bipolar mood disorder</b>	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Bipolar mood disorder	R130	Anti-depressants: SSRI's	Escitalopram	Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydus Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife 50mg; 100mg
	Tralidep 50mg; 100mg			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
			Nezolap 5mg; 10mg	
			Olandus 5mg; 10mg	
			Oleanz 5mg; 10mg	
			Olexar 5mg; 10mg	
			Zolanz 5mg; 10mg	
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Bipolar mood disorder</b>	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus 10mg; 15mg
				Aripiprazole Mylan 5mg; 10mg; 15mg
				Aripiprazole Teva 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	
<b>Bronchiectasis</b>	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg
<b>Cardiac failure</b>	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
			Spec-Perindopril Plus 4/1.25mg	



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
				Lisinopril
			Liso 5mg; 10mg; 20mg	
			Lizro 5mg; 10mg; 20mg	
			Sinopren 5mg; 10mg; 20mg	
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
	Vectoryl 4mg; 8mg			
	Zyace 4mg			
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
Zartan co 50/12.5mg; 100/25mg				
Telmisartan and diuretics			Co-Telza 40/12.5mg; 80/12.5mg	
			Telpres Plus 40/12.5mg; 80/12.5mg	
			Tesar co 40/12.5mg; 80/12.5mg	
			Ticarda Plus 40/12.5mg; 80/12.5mg	
			Tremistan Plus 40/12.5mg; 80/12.5mg	



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R100	Angiotensin II antagonists: Combinations	Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg
				Regoval co 80/12.5mg; 160/12.5mg; 160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
				Losartan
			Austell Losartan 50mg; 100mg	
			Losartan Accord 50mg; 100mg	
			Losartan Macleods 50mg; 100mg	
			Normoten 50mg; 100mg	
			Zaario 50mg; 100mg	
			Zartan 50mg; 100mg	
			Telmisartan	Telpres 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
				Regoval 80mg; 160mg
	Valheft 80mg; 160mg			
	R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg
				Hyperphen 10mg; 50mg
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
Catexan 2.5mg				
Cipla-Indapamide 2.5mg				
Mylan Indapamide 2.5mg				
R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
			Spironolactone 25 Kiara 25mg	



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiac failure	R110	Potassium supplements	Potassium chloride	Ultipot 600mg
	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg
			Isosorbide mononitrate	Ismo 20mg
				Monicor SR 60mg
Cardiomyopathy	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg
				Liso 5mg; 10mg; 20mg
				Lizro 5mg; 10mg; 20mg
				Sinopren 5mg; 10mg; 20mg
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
Carvetrend 6.25mg; 12.5mg; 25mg				
Rubitrend 12.5mg; 25mg				





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Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg	
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
	Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg		
		Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
				Losartan
			Austell Losartan 50mg; 100mg	
			Losartan Accord 50mg; 100mg	
			Losartan Macleods 50mg; 100mg	
			Normoten 50mg; 100mg	
Zaario 50mg; 100mg				
Zartan 50mg; 100mg				
Telmisartan			Telpres 40mg; 80mg	
Valsartan			Adco-Valsartan 80mg; 160mg	
			Niosar 80mg; 160mg	
			Regoval 80mg; 160mg	
			Valheft 80mg; 160mg	
			Vasovan 80mg; 160mg	
R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg	
			Segavin 5mg	
R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
			Hyperphen 10mg; 50mg	
R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg	
			Coprin 100mg	
			Myoprin 100mg	
R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg	
			Biloblok 5mg; 10mg	
			Bilocor 5mg; 10mg	



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Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Cardiomyopathy	R70	Beta blocking agents: Selective	Bisoprolol	Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
				Lanoxin paediatric/geriatric syrup 0.05mg/1ml
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Mylan Indapamide 2.5mg
R120	Potassium sparing agents	Spironolactone	Spiractin 25mg	
			Spironolactone 25 Kiara 25mg	
R110	Potassium supplements	Potassium chloride	Ultipot 600mg	
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	
			Monicor SR 60mg	
Chronic obstructive pulmonary disease (COPD)	R40	Adrenergics: Short acting - Salbutamol	Salbutamol	Glenbute 200 dose 100mcg
				Ventimax CFC free 200 dose 100mcg
	R175	Anti-asthmatics: Systemic Xanthines	Theophylline	Theophylline anhydrous Kiara 200mg; 300mg
	R260	Inhaled anticholinergics: Ipratropium bromide	Ipratropium bromide	Atrovent HFA 200 dose 20mcg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
Chronic renal disease	R90	ACE inhibitors and diuretics	Enalapril and diuretics	Acenten 20/12.5mg
			Lisinopril and diuretics	Adco-Zetomax co 10/12.5mg; 20/12.5mg
			Perindopril and diuretics	Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
				Spec-Perindopril Plus 4/1.25mg
				Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength					
Chronic renal disease	R185	ACE inhibitors, other combinations	Perindopril and Bisoprolol	Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg					
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg Mylan Captopril 25mg; 50mg					
			Enalapril	Alapren 5mg; 10mg; 20mg Enalapril Arya 5mg; 10mg; 20mg Enalapril Unicorn 5mg; 10mg; 20mg Hypace 5mg Natrappress 10mg; 20mg Tenezil 10mg; 20mg					
			Lisinopril	Adco-Zetomax 5mg; 10mg; 20mg Liso 5mg; 10mg; 20mg Lizro 5mg; 10mg; 20mg Sinopren 5mg; 10mg; 20mg					
				Perindopril	Pearinda 4mg; 8mg Perdotor 4mg; 8mg Perindopril Unicorn 4mg; 8mg Prexum 10mg Ran-Perindopril 4mg Reprex 4mg; 8mg Vectoryl 4mg; 8mg Zyace 4mg				
					R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg Co-Normoten 50/12.5mg; 100/25mg Hylokat 50/12.5mg; 100/25mg Losaar Plus 50/12.5mg; 100/25mg Losartan comp Biotech 50/12.5mg; 100/25mg Sartoc-co 50/12.5mg; 100/25mg Zartan co 50/12.5mg; 100/25mg	
							Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg Telpres Plus 40/12.5mg; 80/12.5mg Tesar co 40/12.5mg; 80/12.5mg Ticarda Plus 40/12.5mg; 80/12.5mg Tremistan Plus 40/12.5mg; 80/12.5mg	
			Valsartan and diuretics				Niosar co 80/12.5mg; 160/12.5mg; 160/25mg Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
			R110				Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
								Losartan	Annin 50mg; 100mg Austell Losartan 50mg; 100mg



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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R110	Angiotensin II antagonists: Plain	Losartan	Losartan Accord 50mg; 100mg
				Losartan Macleods 50mg; 100mg
				Normoten 50mg; 100mg
				Zaario 50mg; 100mg
				Zartan 50mg; 100mg
			Telmisartan	Telpres 40mg; 80mg
			Valsartan	Adco-Valsartan 80mg; 160mg
				Niosar 80mg; 160mg
				Regoval 80mg; 160mg
				Valheft 80mg; 160mg
	Vasovan 80mg; 160mg			
	R70	Beta blocking agents: Selective	Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R300	Calcium supplements	Calcium carbonate	B-cal
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R50	Iron bivalent, oral preparations	Ferrous sulfate	Ferrous sulphate 75mg
	R535	Iron, parenteral preparations	Iron, parenteral preparations	Cosmofer ampoule 2ml 50mg/1ml
				Equifer ampoule 5ml 100mg/5ml
Fortihem ampoule 5ml 20mg/1ml				
Innofer ampoule 5ml 100mg/5ml				
Rautevene ampoule 5ml 100mg/5ml				
R3 340	Other anti-anaemic preparations	Darbepoetin Alfa	Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml	
			Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml	
			Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml	
			Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml	
			Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml	
			Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml	
		Erythropoietin	Eprex pre-fill 2000U/0.5ml; 4000U/0.4ml	
		Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 50mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 75mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 100mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 120mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 150mcg/0.3ml	
			Mircera pre-filled syringe 0.3ml 200mcg/0.3ml	



Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Chronic renal disease	R3 340	Other anti-anaemic preparations	Methoxy polyethylene glycol-epoetin beta	Mircera pre-filled syringe 0.3ml 250mcg/0.3ml
			Roxadustat	Evrenzo 20mg; 50mg; 70mg; 100mg; 150mg
	R365	Vitamin D and analogues	Alfacalcidol	Zodoray 0.25mcg; 1mcg
Coronary artery disease	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
				Presicard 5mg; 10mg
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
			Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Kiara 5mg; 10mg
				Amlodipine Unicorn 5mg; 10mg
				Aprate 5mg; 10mg
				Austell-Amlodipine 5mg; 10mg
Besyloc 5mg; 10mg				
Ciplavasc 5mg; 10mg				
Vasloc 5mg; 10mg				
Felodipine			Felodipine Kiara 5mg; 10mg	
Nifedipine			Adalat XL 30mg; 60mg	
			Cipalat Retard 20mg	
			Cipalat XR 30mg; 60mg	
			Fedaloc SR 30mg; 60mg	
			Fidocare XL 30mg; 60mg	
	Gitsalat 30mg			
R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide dinitrate	Isosorbide dinitrate Kiara 5mg; 10mg	
		Isosorbide mononitrate	Ismo 20mg	



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Coronary artery disease	R250	Vasodilators in cardiac disease: Organic nitrates	Isosorbide mononitrate	Monicor SR 60mg
Crohn's disease	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
			Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Diabetes insipidus	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavn 0.1mg; 0.2mg
				Ddavn nasal spray 5ml 0.1mg/1ml
Diabetes mellitus Type 1	<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720.</b>			
	R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml
				Novorapid - penfill 3ml
			Insulin Glulisine	Apidra - cartridge 3ml
	R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro	Humalog - cartridge 3ml
				Insulin Human
			Insulin Degludec and Insulin Aspart	Ryzodeg - penfill 3ml
				Insulin Lispro
				Humalog mix 50 - cartridge 3ml
	R440	Anti-diabetic agents: Long-acting Insulins	Insulin Detemir	Levemir - pre-filled cartridge 3ml
			Insulin Glargine	Optisulin - cartridge 3ml
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active
Accu check test strip glucose instant				



Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 1	R200	Blood glucose monitoring agents	Glucose strips	Glucocheck evolve test strip
				Glucocheck key test strip
				iHealth Glucose + Testing Strips
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip blood glucose on call plus
				Test strip blood glucose on call sure
				Test strip freestyle optium glucose
				Test strip glucocheck connect
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
	Test strip glucose vivachek ino			
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novicheck
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
Microlet lancet				
Needles			BD micro fine plus pen needle 30g 8mm	
			BD micro fine plus pen needle 31g	
			BD micro fine plus pen needle 32g 4mm	
			Droplet pen needle 8mm 31g	
			Needle insulin fora pen 31g 5mm	
			Needle insulin fora pen 31g 8mm	
			Needle insulin fora pen 32g 4mm	
			Needle insulin fora pen 32g 6mm	
			Needle insulin pen verifine 4mmx10cmx15cm 32g	
			Needle insulin pen verifine 4mmx10cmx15cm 33g	
Needle novofine				
Syringes	Syringe insulin 1.0ml with 27g needle			
	Syringe insulin bd microfine 12.7mm 1ml 9g			
	Syringe insulin bd microfine 1ml 8mm 30g			
	Syringe insulin bd microfine 8mm demi 0.3ml 30g			



Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R50	Anti-diabetic agents: Biguanides	Metformin	Accord Metformin 500mg; 850mg
				Apex-Metformin 500mg
				Austell-Metformin 500mg; 850mg
				Bigsens 500mg; 850mg; 1000mg
				Carbuce 500mg; 850mg; 1000mg
				Diaphage 500mg; 850mg; 1000mg
				Gluconorm 500mg; 850mg
				Mengen 500mg; 850mg; 1000mg
				Mylan Metformin 500mg; 850mg; 1000mg
				Romidab 500mg; 850mg; 1000mg
<b>***Please note that an overall monthly limit applies to Insulins across the different Insulin classes*** The overall monthly limit is R720.</b>				
R505	Anti-diabetic agents: Fast-acting Insulins	Insulin Aspart	Fiasp - penfill 3ml	
			Novorapid - penfill 3ml	
			Insulin Glulisine Apidra - cartridge 3ml	
R720	Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic)	Insulin Lispro Humalog - cartridge 3ml		
		Insulin Human Diabulyn 30/70 - cartridge 3ml		
		Insulin Degludec and Insulin Aspart Ryzodeg - penfill 3ml		
R440	Anti-diabetic agents: Long-acting Insulins	Insulin Lispro Humalog mix 25 - cartridge 3ml		
			Humalog mix 50 - cartridge 3ml	
R140	Anti-diabetic agents: Sulfonamides, urea derivatives	Insulin Detemir Levemir - pre-filled cartridge 3ml		
			Insulin Glargine Optisulin - cartridge 3ml	
R215	Anti-diabetic agents: Thiazolidinediones	Gliclazide	Diagen MR 60mg	
			Diagluclide MR 60mg	
			Diaran MR 30mg; 60mg	
			Dynacaz MR 30mg; 60mg; 90mg	
			Gliclazide MR Austell 30mg; 60mg	
			Gliclazide Unicorn MR 30mg	
			Gluctam MR 60mg	
R35	Aspirin: Cardiovascular	Pioglitazone	Cipla-Pioglitazone 15mg; 30mg	
			Pioglitazone hydrochloride Macleods 15mg; 30mg	
R200	Blood glucose monitoring agents	Acetylsalicylic acid	Aspirin Teva 80mg	
			Coprin 100mg	
			Myoprin 100mg	
R200	Blood glucose monitoring agents	Glucose strips	Accu check test strip glucose active	
			Accu check test strip glucose instant	
			Glucocheck evolve test strip	
			Glucocheck key test strip	





Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Diabetes mellitus Type 2	R200	Blood glucose monitoring agents	Glucose strips	iHealth Glucose + Testing Strips
				Onetouch select plus test strips
				Test strip blood glucose clicks bionime gs550
				Test strip blood glucose on call plus
				Test strip blood glucose on call sure
				Test strip freestyle optium glucose
				Test strip glucocheck connect
				Test strip glucose blood fora 6
				Test strip glucose caresens n 29g
				Test strip glucose contour plus
				Test strip glucose contour ts
				Test strip glucose fora diamond blood
				Test strip glucose vivachek ino
	R350	Surgical item	Lancets	Lancet blood collection needle loris
				Lancet fora collection needle sterile 30g
				Lancet fora tender needle sterile 33g
				Lancet freestyle test
				Lancet glucocheck novichack
				Lancet solus v2
				Lancet unilet sterile 28g
				Lancet unilet sterile 4cm x 6cm x 7.5cm 28g
				Microlet lancet
			Needles	BD micro fine plus pen needle 30g 8mm
BD micro fine plus pen needle 31g				
BD micro fine plus pen needle 32g 4mm				
Droplet pen needle 8mm 31g				
Needle insulin fora pen 31g 5mm				
Needle insulin fora pen 31g 8mm				
Needle insulin fora pen 32g 4mm				
Needle insulin fora pen 32g 6mm				
Needle insulin pen verifine 4mmx10cmx15cm 32g				
Needle insulin pen verifine 4mmx10cmx15cm 33g				
Needle novofine				
Syringes	Syringe insulin 1.0ml with 27g needle			
	Syringe insulin bd microfine 12.7mm 1ml 9g			
	Syringe insulin bd microfine 1ml 8mm 30g			
	Syringe insulin bd microfine 8mm demi 0.3ml 30g			
Dysrhythmia	R700	Anti-arrhythmics: class Ic	Flecainide	Tambocor 100mg
				Tambocor CR 100mg; 200mg



Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Dysrhythmia	R370	Anti-arrhythmics: class III - Amiodarone	Amiodarone	Hexarone 100mg; 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
			Sotalol	Sotahexal 80mg; 160mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
	R35	Cardiac glycosides: Digoxin	Digoxin	Lanoxin 0.0625mg; 0.25mg
Lanoxin paediatric/geriatric syrup 0.05mg/1ml				
R245	Selective calcium channel blockers with direct cardiac effects	Verapamil	Verahexal 240 SR 240mg	
			Verapamil 40 Oethmaan 40mg	
Epilepsy	R30	Anti-epileptics: Barbiturates and derivatives	Phenobarbital	Sedabarb 30mg
	R300	Anti-epileptics: Benzodiazepine derivatives	Clonazepam	Clonam 0.5mg; 2mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
Navalpro liquid 200mg/5ml				
Valeptic CR 300mg; 500mg				
R115	Anti-epileptics: Hydantoin derivatives	Phenytoin	Phenytoin sod 100mg	



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Epilepsy	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
			Levetiracetam	Dyna Levetiracetam 250mg; 500mg; 750mg
				Epikepp 250mg; 500mg; 750mg
				Leveseize XR 500mg; 750mg; 1000mg; 1500mg
				Levetiracetam Unicorn 250mg; 750mg
				Redilev 250mg; 500mg; 750mg
			Topiramate	Epimate 25mg; 50mg; 100mg
				Epitoz 25mg; 50mg; 100mg
	Toplep 25mg; 50mg; 100mg; 200mg			
R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg	
Glaucoma	R210	Anti-glaucoma agents: Carbonic anhydrase inhibitors	Brinzolamide, combinations	Simbrinza 5ml
				Dorzolamide
			Trusopt 5ml owi 2%	
	R210	Anti-glaucoma agents: Prostaglandin analogues	Bimatoprost	Lumigan 2.5ml 0.01%
			Latanoprost	Atana 2.5ml 50mcg/1ml
			Tafluprost	Saflutan single dose container 0.3ml 15mcg/1ml
			Travoprost	Travatan 2.5ml 0.004%
	R210	Anti-glaucoma agents: Sympathomimetics	Brimonidine	Alphagan purite 5ml 1.5mg/1ml
				Brimoct 5ml 2mg/1ml
	R120	Anti-glaucoma Beta blocking agents: Timolol	Timolol	Timoptol 5ml 0.5%
				Timoptol-xe 2.5ml 0.5%
	R270	Anti-glaucoma Beta blocking agents: Timolol, combinations	Timolol, combinations	Azarga 5ml
				Brimoct co 5ml 2mg/5mg
				Co-Atana 2.5ml
				Combigan 5ml 2mg/5mg
				Duotrav 2.5ml
				Ganfort 3ml
Glaumide-co 5ml				
Gluopt co 5ml				
Ocudor co 5ml				
Xalacom 2.5ml				
Haemophilia	R5	Analgesics: Paracetamol	Paracetamol	Adco-Napamol bucket 500mg
				Adco-Prolief 500mg



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Haemophilia	R245	Anti-fibrinolytics: Amino acids	Tranexamic acid	Fibtin 500mg
	R50 000	Blood coagulation factors	Coagulation factor VIII	Haemosolvate VIII 300U; 500U; 1000U
				Octanate vial 5ml 250U
				Octanate vial 10ml 500U; 1000U
			Coagulation factor IX	Haemosolvex IX 500U
				Octanine F vial 30ml 500U; 1000U
	R1 750	Posterior pituitary hormones: Vasopressin and analogues	Desmopressin	Ddavp 0.1mg; 0.2mg
Ddavp nasal spray 5ml 0.1mg/1ml				
Hyperlipidaemia	R195	Lipid modifying agents: Combinations	Atorvastatin, Amlodipine and Perindopril	Triveram 10/5/5mg; 20/5/5mg; 20/10/5mg; 20/10/10mg; 40/10/10mg
	R335	Lipid modifying agents: Combinations	Pravastatin and Fenofibrate	Pravafen 40/160mg
	R275	Lipid modifying agents: Fibrates	Bezafibrate	Bezalip Retard 400mg
				Sandoz Bezafibrate 400mg
	R45	Lipid modifying agents: Statins	Atorvastatin	Aspavor 10mg; 20mg; 40mg
				Astor 10mg; 20mg; 40mg
				Cholmin 10mg; 20mg; 40mg
				Dezzolip 10mg; 20mg; 40mg; 80mg
				Dynator 10mg; 20mg; 40mg; 80mg
				Lestavor 10mg; 20mg; 40mg
				Lipogen 10mg; 20mg; 40mg; 80mg
				Vasmak 10mg; 20mg; 40mg; 80mg
			Simvastatin	Adco-Simvastatin 10mg; 20mg; 40mg
				Austell-Simvastatin 10mg; 20mg; 40mg
				Choleste 10mg; 20mg; 40mg
				Cipla-Simvastatin 10mg; 20mg; 40mg
				Simcard 10mg; 20mg
Simvacor 10mg; 20mg; 40mg				
Hypertension	R130	ACE inhibitors and calcium channel blockers	Perindopril and Amlodipine	Mixanval 5/5mg; 10/5mg; 5/10mg; 10/10mg
				Pearloc 4/5mg; 4/10mg; 8/5mg; 8/10mg
				Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R90	ACE inhibitors and diuretics	Enalapril and diuretics Lisinopril and diuretics Perindopril and diuretics	Acenten 20/12.5mg
				Adco-Zetomax co 10/12.5mg; 20/12.5mg
				Ciplasyl Plus 4/1.25mg
				Pearinda Plus 4/1.25mg; 8/2.5mg
				Perdotor Plus 4/1.25mg
				Perindopril co Unicorn 4/1.25mg
				Prexum Plus 5/1.25mg; 10/2.5mg
Spec-Perindopril Plus 4/1.25mg				



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R90	ACE inhibitors and diuretics	Perindopril and diuretics	Trexeva Plus 5/1.25mg
				Vectoryl Plus 4/1.25mg
	R185	ACE inhibitors, other combinations	Perindopril, Amlodipine and Indapamide	Triplixam 5/1.25/5mg; 5/1.25/10mg; 10/2.5/5mg; 10/2.5/10mg
				Cosyrel 5/5mg; 10/5mg; 5/10mg; 10/10mg
	R75	ACE inhibitors: Plain	Captopril	Bio-Captopril 25mg
				Mylan Captopril 25mg; 50mg
			Enalapril	Alapren 5mg; 10mg; 20mg
				Enalapril Arya 5mg; 10mg; 20mg
				Enalapril Unicorn 5mg; 10mg; 20mg
				Hypace 5mg
				Natrapress 10mg; 20mg
				Tenezil 10mg; 20mg
				Lisinopril
			Liso 5mg; 10mg; 20mg	
			Lizro 5mg; 10mg; 20mg	
			Sinopren 5mg; 10mg; 20mg	
			Perindopril	Pearinda 4mg; 8mg
				Perdotor 4mg; 8mg
				Perindopril Unicorn 4mg; 8mg
				Prexum 10mg
				Ran-Perindopril 4mg
				Reprex 4mg; 8mg
				Vectoryl 4mg; 8mg
				Zyace 4mg
	R220	Alpha and Beta blocking agents	Carvedilol	Carloc 6.25mg; 12.5mg; 25mg
				Carvedilol Unicorn 6.25mg; 12.5mg; 25mg
				Carvetrend 6.25mg; 12.5mg; 25mg
				Rubitrend 12.5mg; 25mg
	R195	Angiotensin II antagonists and calcium channel blockers	Telmisartan and Amlodipine	Tesamolot 40/5mg;;40/10mg; 80/5mg; 80/10mg
				Valsartan and Amlodipine
Calsar 5/80mg; 5/160mg; 10/160mg				
Dafiro 5/160mg; 10/160mg				
Gemvalaz 5/160mg; 10/160mg				
Tensoforj 5/160mg; 10/160mg				
Valvasc 5/160mg; 10/160mg				
Zyvasc 5/160mg; 10/160mg				



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R100	Angiotensin II antagonists: Combinations	Losartan and diuretics	Austell Losartan co 50/12.5mg
				Co-Normoten 50/12.5mg; 100/25mg
				Hylokat 50/12.5mg; 100/25mg
				Losaar Plus 50/12.5mg; 100/25mg
				Losartan comp Biotech 50/12.5mg; 100/25mg
				Sartoc-co 50/12.5mg; 100/25mg
			Zartan co 50/12.5mg; 100/25mg	
			Telmisartan and diuretics	Co-Telza 40/12.5mg; 80/12.5mg
				Telpres Plus 40/12.5mg; 80/12.5mg
				Tesar co 40/12.5mg; 80/12.5mg
				Ticarda Plus 40/12.5mg; 80/12.5mg
				Tremistan Plus 40/12.5mg; 80/12.5mg
	Valsartan and diuretics	Niosar co 80/12.5mg; 160/12.5mg; 160/25mg		
		Regoval co 80/12.5mg; 160/12.5mg; 160/25mg		
	R215	Angiotensin II antagonists, other combinations	Valsartan, Amlodipine and Hydrochlorothiazide	Co-Copalia 5/160/12.5mg; 5/160/25mg; 10/160/12.5mg; 10/160/25mg
	R110	Angiotensin II antagonists: Plain	Irbesartan	Trobet 150mg; 300mg
				Losartan
			Austell Losartan 50mg; 100mg	
			Losartan Accord 50mg; 100mg	
			Losartan Macleods 50mg; 100mg	
			Normoten 50mg; 100mg	
			Zaario 50mg; 100mg	
			Zartan 50mg; 100mg	
Telmisartan			Telpres 40mg; 80mg	
Valsartan			Adco-Valsartan 80mg; 160mg	
			Niosar 80mg; 160mg	
			Regoval 80mg; 160mg	
			Valheft 80mg; 160mg	
R200			Anti-adrenergic agents: Alpha-adrenoreceptor antagonists	Doxazosin
	Urodoxa 4mg			
R200	Anti-adrenergic agents: Methyldopa	Methyldopa	Hypotone 250mg	
			Timucen 250mg	
R40	Anti-adrenergic agents: Rauwolfia alkaloids	Reserpine	Reserpine 0.25mg	
R120	Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives	Hydralazine	Hydralazine HCl 25 Kiara 25mg	
			Hyperphen 10mg; 50mg	



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Hypertension	R140	Beta blocking agents: Non-selective	Propranolol	Indoblok 40mg
	R70	Beta blocking agents: Selective	Atenolol	Adco-Atenolol 50mg; 100mg
				B-Block 50mg; 100mg
				Tenopress 50mg; 100mg
			Bisoprolol	Adco-Bisocor 5mg; 10mg
				Biloblok 5mg; 10mg
				Bilocor 5mg; 10mg
				Bisbeta 5mg; 10mg
				Bislo 5mg; 10mg
				Emcor 5mg; 10mg
	Presicard 5mg; 10mg			
	R110	Calcium channel blockers and diuretics	Amlodipine and diuretics	Natrixam 1.5/5mg; 1.5/10mg
	R40	High-ceiling diuretics	Furosemide	Defulide 40mg
				Diuresix 40mg
				Furobe 40mg
	R15	Low-ceiling diuretics: Thiazides, plain	Hydrochlorothiazide	Hexazide 25mg
				Ridaq 12.5mg
	R25	Low-ceiling diuretics: excluding Thiazides	Indapamide	Adco-Dapamax 2.5mg
				Catexan 2.5mg
				Cipla-Indapamide 2.5mg
				Mylan Indapamide 2.5mg
	R120	Potassium sparing agents	Spironolactone	Spiractin 25mg
				Spironolactone 25 Kiara 25mg
	R110	Potassium supplements	Potassium chloride	Ultipot 600mg
	R245	Selective calcium channel blockers with direct cardiac effects	Diltiazem	Adco-Zildem SR 180mg; 240mg
			Verapamil	Verahexal 240 SR 240mg
				Verapamil 40 Oethmaan 40mg
	R85	Selective calcium channel blockers with mainly vascular effects	Amlodipine	Amloc 5mg; 10mg
				Amlodac 5mg; 10mg
				Amlodipine Kiara 5mg; 10mg
Amlodipine Unicorn 5mg; 10mg				
Aprate 5mg; 10mg				
Austell-Amlodipine 5mg; 10mg				
Besyloc 5mg; 10mg				
Ciplavasc 5mg; 10mg				
Vasloc 5mg; 10mg				
Felodipine			Felodipine Kiara 5mg; 10mg	
Nifedipine	Adalat XL 30mg; 60mg			



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Hypertension</b>	R85	Selective calcium channel blockers with mainly vascular effects	Nifedipine	Cipalat Retard 20mg
				Cipalat XR 30mg; 60mg
				Fedaloc SR 30mg; 60mg
				Fidocare XL 30mg; 60mg
				Gitsalat 30mg
<b>Hypothyroidism</b>	R35	Thyroid hormones	Levothyroxine sodium	Euthyrox 25mcg; 50mcg; 75mcg; 100mcg
<b>Multiple sclerosis</b>	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg
				Amitriptyline HCl Kiara 25mg
				Gulf Amitriptyline 25mg
				Trepiline 10mg
	R280	Drugs for urinary frequency and incontinence	Oxybutynin	Mylan Oxybutynin 5mg
				Oxyrest 5mg
	R7 700	Interferons	Interferon Beta-1A	Avonex pre-filled syringe 0.5ml 30mcg/0.5ml
				Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml
				Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml
				Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml
				Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml
			Peginterferon Beta-1A	Plegridy pre-filled pen 0.5ml 125mcg/0.5ml
	R1 250	Muscle relaxants: Other centrally acting agents	Baclofen	Teva Baclofen 10mg
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
<b>Parkinson's disease</b>	R295	Anticholinergic agents: Tertiary amines	Biperiden	Akineton 2mg
	R480	Dopamine agonists	Pramipexole	Oxpola 0.125mg; 0.25mg
				Pexasp 0.125mg; 0.25mg; 1mg
	R280	Dopaminergic agents: Adamantane derivatives	Amantadine	Symadin 100mg
	R480	Dopaminergic agents: Monoamine oxidase B inhibitors - Rasagiline	Rasagiline	Kinect 1mg
				Rasapar 1mg
				Razeda 1mg
	R580	Levodopa and decarboxylase inhibitor	Levodopa and decarboxylase inhibitor	Lecardop 25/100mg; 25/250mg
Teva Carbi-Levo 25/100mg; 25/250mg				
<b>Rheumatoid arthritis</b>	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
		Indomethacin	Betacin 25mg	





Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Rheumatoid arthritis	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Indomethacin	Gulf Indomethacin 25mg
				Methocaps 25mg
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
				Roxifen 20mg
	R50	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Napinflam 250mg
				Naproscript 250mg
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicic acid and similar agents	Sulfasalazine	Salazopyrin 500mg
				Salazopyrin EN 500mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
R775	Selective immunosuppressive agents: Leflunomide	Leflunomide	Lunar 20mg	
			Ravalef 10mg; 20mg	
			Rheumalef 10mg; 20mg	
R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg	
			Panafcort 5mg	
			Trolic 5mg	
Schizophrenia	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg
				Recita 20mg
		Escitalopram	Accord Escitalopram 10mg; 20mg	
			Dolin 10mg; 20mg	
Emerdyne 10mg; 20mg				



Medical Scheme  
Administered by Discovery Health

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R130	Anti-depressants: SSRI's	Escitalopram	Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine 20 Oethmaan 20mg
				Zydu Fluoxetine 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serlife 50mg; 100mg
	Tralidep 50mg; 100mg			
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R160	Anti-psychotics: Butyrophenone derivatives	Haloperidol	Haloperidol 5 Oethmaan 5mg
	R945	Anti-psychotics: Clozapine	Clozapine	Clozapine Oethmaan 25mg; 100mg
	R345	Anti-psychotics: Indole derivatives	Ziprasidone	Zipsid 20mg; 40mg; 60mg; 80mg
R345	Anti-psychotics: Lithium	Lithium	Camcolit 250mg; 400mg	
R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg	
			Nezolap 5mg; 10mg	
			Olandus 5mg; 10mg	
			Oleanz 5mg; 10mg	
			Olexar 5mg; 10mg	
			Zolanz 5mg; 10mg	
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	

Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Schizophrenia	R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg
				Dopaquel 25mg; 100mg; 200mg; 300mg
				Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus 10mg; 15mg
				Aripiprazole Mylan 5mg; 10mg; 15mg
				Aripiprazole Teva 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg	
			Rispacor 0.5mg; 1mg; 2mg; 3mg	
			Rispide 0.5mg; 1mg; 2mg	
			Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg	
			Zoxadon ODT 0.5mg; 1mg; 2mg	
Systemic lupus erythematosus (SLE)	R65	Anti-inflammatory agents: Acetic acid derivatives and related substances	Diclofenac	Adco-Diclofenac 50mg
				A-Lennon Diclofenac 50mg
				Diclofenac Biotech 25mg
				Mylan Diclofenac 25mg; 50mg
				Panamor AT 50mg
			Indomethacin	Betacin 25mg
				Gulf Indomethacin 25mg
				Methocaps 25mg
	R65	Anti-inflammatory agents: Oxicams	Meloxicam	Adco-Meloxicam 15mg
				Coxflam 7.5mg
				Flexocam 7.5mg
				Medoxicam 7.5mg
			Piroxicam	Pyrocaps 20mg
Roxifen 20mg				



Medical Scheme  
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Chronic Disease List condition	Chronic drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Systemic lupus erythematosus (SLE)</b>	R50	Anti-inflammatory agents: Propionic acid derivatives	Ibuprofen	Betaprofen 200mg
				Betaprofen FC 400mg
				Bren 400mg
				Ibucine 200mg; 400mg
				Ibunate 200mg
				Ibusor 200mg
			Naproxen	Napinfram 250mg
				Naproscript 250mg
	R120	Anti-rheumatic agents: Chloroquine	Chloroquine	Plasmoquine 200mg
	R85	Anti-thrombotic agents: Vitamin K antagonists	Warfarin	Cipla-Warfarin 5mg
				Segavin 5mg
	R35	Aspirin: Cardiovascular	Acetylsalicylic acid	Aspirin Teva 80mg
				Coprin 100mg
				Myoprin 100mg
	R25	Emollients and protectives: Zinc products	Zinc products	Zinc ointment bp
	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
Panafcort 5mg				
Trolic 5mg				
R25	Topical Corticosteroids: Group III	Betamethasone	Repivate cream 0.1%	
			Topivate cream 0.1%	
			Vari-Betamethasone cream 0.1%	
<b>Ulcerative colitis</b>	R10	Folic acid and derivatives	Folic acid	Be-Tabs Folic acid 5mg
	R880	Intestinal anti-inflammatories: Aminosalicylic acid and similar agents	Mesalazine	Asacol 400mg; 800mg
				Asacol suppository 500mg
				Mezavant 1200mg
				Pentasa 500mg
				Pentasa suppository 1000mg
			Sulfasalazine	Salazopyrin 500mg
	Salazopyrin EN 500mg			
R1 940	Intestinal anti-inflammatories: Corticosteroids	Budesonide	Entocord enema 0.02mg/1ml	



Medical Scheme  
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Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Ulcerative colitis	R440	Other immunosuppressive agents: Azathioprine	Azathioprine	Azamun 50mg
				Azathioprine PCH 50mg
	R110	Other immunosuppressive agents: Methotrexate	Methotrexate	Abitrexate 2.5mg
	R20	Systemic Corticosteroids: Prednisone	Prednisone	Be-Tabs Prednisone 5mg
				Panafcort 5mg
				Trolic 5mg



Medical Scheme  
Administered by Discovery Health

## The Chronic Disease List (CDL) Enhanced medicine list (formulary) for Netcare Medical Scheme

Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Asthma	R220	Anti-asthmatics: Leukotriene receptor antagonists	Montelukast	Astelair 4mg; 5mg; 10mg
				Kulair 4mg; 5mg; 10mg
				Maclutek 4mg; 5mg; 10mg
				Monteflo 4mg; 5mg; 10mg
				Topraz 4mg; 5mg; 10mg
	R535	Indacaterol, Glycopyrronium bromide and Mometasone	Indacaterol, Glycopyrronium bromide and Mometasone	Zimbus breezhaler (30 caps & inhaler) 150/50/80; 150/50/160
R65	Nasal Corticosteroids	Beclomethasone	Beclate aquanase 150 dose 50mcg	
			Fluticasone	Fluticasone OTC Teva 120 dose 50mcg
Cardiac failure	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Duforzig 10mg
				Sagalatin 10mg
Chronic obstructive pulmonary disease (COPD)	R205	Adrenergics: Long acting - Formoterol	Formoterol	Foratec HFA 120 dose 12mcg/dose
	R385	Adrenergics: Ultra long acting - Indacaterol	Indacaterol	Onbrez breezhaler (30 caps & inhaler)
	R240	Formoterol and Beclomethasone	Formoterol and Beclomethasone	Innuvair 120 dose 100/6mcg
	R240	Formoterol and Budesonide	Formoterol and Budesonide	Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg
				Symbicord turbohaler 120 dose 160/4.5mcg
				Vannair 120 dose 80/4.5mcg; 160/4.5mcg
	R240	Formoterol and Mometasone	Formoterol and Mometasone	Dulera 120 dose 100/5mcg; 200/5mcg
	R545	Indacaterol and Glycopyrronium bromide	Indacaterol and Glycopyrronium bromide	Ultibro breezhaler (30 caps & inhaler)
	R450	Inhaled anticholinergics: Glycopyrronium bromide	Glycopyrronium bromide	Seebri breezhaler (30 caps & inhaler)
	R410	Inhaled anticholinergics: Tiotropium bromide	Tiotropium bromide	Forvent (refill) 18mcg
				Neumotropio 30 inh capsules with zephir inhaler
				Tiores 30 inh capsules with zephir inhaler
				Tiotor 30 inh capsules with zephir inhaler
	R240	Salmeterol and Fluticasone	Salmeterol and Fluticasone	Airflusal forspiro 60 dose 50/250; 50/500
Sereflo DPI 60 dose 50/100; 50/250; 50/500				
Sereflo HFA 120 dose 25/50; 25/125; 25/250				
Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250				



Medical Scheme  
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Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
<b>Chronic obstructive pulmonary disease (COPD)</b>	R240	Vilanterol and Fluticasone combinations	Vilanterol and Fluticasone furoate	Revinty ellipta 30 dose 92/22mcg; 184/22mcg
<b>Chronic renal disease</b>	R270	Hepatitis B vaccine	Hepatitis B, purified antigen	Euvax b vial 1ml 20mcg/1ml
				Heberbio hbv sgl dose 1ml adult 20mcg/1ml
<b>Coronary artery disease</b>	R130	Anti-thrombotic agents: Clopidogrel	Clopidogrel	Aviolix 75mg
				Clovexa 75mg
				Plagrol 75mg
<b>Diabetes mellitus Type 2</b>	R340	Anti-diabetic agents: Metformin and Dapagliflozin	Metformin and Dapagliflozin	Synglutra 10/1000mg
	R245	Anti-diabetic agents: Oral drug combinations	Metformin and Vildagliptin	Jalramet 50/850mg; 50/1000mg
	R710	Anti-diabetic agents: Other, excluding Insulins - Exenatide	Exenatide	Byetta disposable pen 60 dose 1.2ml 5mcg/dose
				Byetta disposable pen 60 dose 2.4ml 10mcg/dose
	R195	Dipeptidyl peptidase inhibitors: Vildagliptin	Vildagliptin	Jalra 50mg
				Zomvil 50mg
	R290	Sodium-glucose co-transporter 2 (SGLT2) inhibitors	Dapagliflozin	Daglif 10mg
				Duforzig 10mg
Sagalatin 10mg				
<b>Multiple sclerosis</b>	R6 160	Cytokines and immunomodulators - Other	Glatiramer Acetate	Copaxone pre-filled syringe 1ml 20mg/1ml
				Copaxone pre-filled pen 1ml 40mg/1ml
	R6 160	Selective immunosuppressive agents: Fingolimod	Fingolimod	Filengia 0.5mg
				Glomatin 0.5mg
				Myelenea 0.5mg
	R5 795	Selective immunosuppressive agents: Teriflunomide	Teriflunomide	Aubamide 14mg
				Auberif 14mg
Teriflunomide 14 Teva 14mg				
<b>Rheumatoid arthritis</b>	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 100mg; 200mg
				Celecoxib Unicorn 100mg; 200mg
				Colcibra 100mg; 200mg
				Coxep 100mg; 200mg
				Coxleon 100mg; 200mg
				Cyretib 100mg; 200mg
				Vexicop 100mg; 200mg
<b>Systemic lupus erythematosus (SLE)</b>	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Anabrex 100mg; 200mg
				Celebrex 100mg; 200mg
				Celecoxib Unicorn 100mg; 200mg
				Colcibra 100mg; 200mg



Medical Scheme  
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Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Systemic lupus erythematosus (SLE)	R220	Anti-inflammatory agents: Coxibs	Celecoxib	Coxep 100mg; 200mg
				Coxleon 100mg; 200mg
				Cyretib 100mg; 200mg
				Vexicop 100mg; 200mg

## Monthly limit amounts for diabetes consumables

The monthly limit amount below applies to the consumables for insulin pumps for the management of Diabetes mellitus Type 1.

Chronic Disease List condition	Monthly limit amount	Surgical class
Diabetes mellitus Type 1	R1 680	Insulin pump reservoirs and infusion sets

## Oxygen

Chronic Disease List condition	Monthly limit amount	Surgical class
Chronic obstructive pulmonary disease (COPD)	R886	Oxygen Concentrator (Rental)

## Vaccines

Members approved for Cardiac failure or Cardiomyopathy will have cover for one dose of the Pneumococcal Conjugate Vaccine (PCV13), and one dose of the Pneumococcal Polysaccharide Vaccine (PPSV23) in a lifetime, claimed at least one year apart.

Members approved for Cardiac failure or Cardiomyopathy or COPD will have access to one flu vaccine every year.

Chronic Disease List condition	Medicine class	Active ingredient	Frequency
Cardiac failure Cardiomyopathy Chronic obstructive pulmonary disease (COPD)	Influenza vaccines	Influenza, purified antigen	Yearly
Cardiac failure Cardiomyopathy	Pneumococcus vaccines	Pneumococcal Polysaccharide Vaccine (PPSV23)	Once in a lifetime
		Pneumococcal Conjugate Vaccine (PCV13)	Once in a lifetime





Medical Scheme  
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## The non-CDL medicine list (formulary) for Netcare Medical Scheme

Non-Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Depression	R130	Anti-depressants: SSRI's	Citalopram	Adco-Talomil 20mg
				Arrow Citalopram 40mg
				Austell-Citalopram 40mg
				Citalopram 20 Oethmaan 20mg
				Depramil 20mg; 40mg
				Recita 20mg
			Escitalopram	Accord Escitalopram 10mg; 20mg
				Dolin 10mg; 20mg
				Emerdyne 10mg; 20mg
				Esetam 10mg; 20mg
				Zyescito 10mg; 20mg
			Fluoxetine	Fluoxetine Biotech 20mg
				Fluoxetine 20 Oethmaan 20mg
				Ranflocs 20mg
				Zydus Fluoxetine 20mg
			Paroxetine	Adco-Paroxetine 20mg
				Austell-Paroxetine 20mg
				Lenio 20mg
				Paroxetine Unicorn 20mg
				Serrapress 20mg
				Xet 20mg
			Sertraline	Dyna Sertraline 50mg; 100mg
				Serdep 50mg; 100mg
				Serlife 50mg; 100mg
	Tralidep 50mg; 100mg			
	R95	Anti-depressants: Tricyclics	Amitriptyline	Amitriptyline 10mg Austell 10mg
				Amitriptyline HCl Kiara 25mg
				Gulf Amitriptyline 25mg
	R325	Other anti-depressants: Noradrenergic and specific Serotonergic agents - Mirtazapine	Mirtazapine	Miradep 15mg; 30mg
				Mylan Mirtazapine 15mg; 30mg
				Mytra 15mg; 30mg
	R375	Other anti-depressants: NDRI's	Bupropion	Budep XR 150mg; 300mg
				Bupropion XR Adco 150mg
Weldep XR 150mg; 300mg				
R180	Other anti-depressants: Serotonin-Norepinephrine re- uptake inhibitors - Duloxetine	Duloxetine	Calmadep DR 30mg; 60mg	
			Deotin 30mg; 60mg	
			Duleve 30mg; 60mg	
			Duloxetine MR Unicorn 30mg; 60mg	



Medical Scheme  
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Non-Chronic Disease List condition	Chronic Drug amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Depression	R180	Other anti-depressants: Serotonin-Norepinephrine re-uptake inhibitors - Duloxetine	Duloxetine	Dulta 30mg; 60mg
				Duzela 30mg; 60mg
				Yelate 60mg
	R250	Other anti-depressants: Serotonin-Norepinephrine re-uptake inhibitors - Venlafaxine	Venlafaxine	Venlafaxine Adco 75mg; 150mg
				Venlafaxine Unicorn XR 75mg; 150mg
				Venlor XR 75mg; 150mg
	R385	Anti-epileptics: Carboxamide derivatives	Carbamazepine	Degranol 200mg
				Tegretol CR 200mg; 400mg
				Zeptol 200mg
	R430	Anti-epileptics: Fatty acid derivatives	Valproic acid	Convulex 150mg; 300mg
				Convulex syrup 250mg/5ml
				Epilim crushable 100mg
				Epilim sugar-free syrup 200mg/5ml
				Eprolep CR 200mg; 300mg; 500mg
				Navalpro CR 200mg; 300mg; 500mg
				Navalpro liquid 200mg/5ml
				Valeptic CR 300mg; 500mg
	R325	Anti-epileptics: Other agents	Lamotrigine	Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg
				Epitec 25mg; 50mg; 100mg; 200mg
				Girotec 50mg; 100mg; 200mg
				Lamitor 25mg; 50mg; 100mg; 200mg
				Lamotrigine Unichem 25mg; 50mg; 100mg; 200mg
				Serinem 25mg; 50mg; 100mg; 200mg
	R945	Anti-psychotics: Clozapine	Clozapine	Aspen Clozapine 25mg; 100mg
				Cloment 25mg; 100mg
				Clozapine Oethmaan 25mg; 100mg
	R365	Anti-psychotics: Olanzapine	Olanzapine	Alonza 5mg; 10mg
				Nezolap 5mg; 10mg
				Nezolap ODT 5mg; 10mg
				Olandus 5mg; 10mg
Oleanz 5mg; 10mg				
Olexar 5mg; 10mg				
Prexolan ODT 5mg; 10mg				
Zolanz 5mg; 10mg				
Zylena 5mg; 10mg				
R400	Anti-psychotics: Phenothiazines with aliphatic side-chain	Chlorpromazine	Largactil 25mg; 50mg; 100mg	
R295	Anti-psychotics: Quetiapine	Quetiapine	Aroquet 25mg; 100mg; 200mg; 300mg	
			Dopaquel 25mg; 100mg; 200mg; 300mg	



Medical Scheme  
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Non-Chronic Disease List condition	Chronic Drug Amount (CDA)	Medicine class	Active ingredient	Medicine name and strength
Depression	R295	Anti-psychotics: Quetiapine	Quetiapine	Mylan Quetiapine 25mg; 100mg; 200mg; 300mg
				Psyquet 25mg; 100mg; 200mg; 300mg
				Quesara 25mg; 100mg; 200mg; 300mg
				Torquit 25mg; 100mg; 200mg; 300mg
				Truvalin 25mg; 100mg; 200mg; 300mg
				Zimbiquet 25mg; 100mg; 200mg; 300mg
	R650	Anti-psychotics: Thioxanthene derivatives	Flupenthixol	Fluanxol 0.5mg; 1mg
				Fluanxol depot 1ml 20mg
			Zuclopenthixol	Clopixol 2mg; 10mg
				Clopixol depot 200mg
	R270	Other anti-psychotics: Aripiprazole	Aripiprazole	Abipip 5mg; 10mg; 15mg
				Abipip ODT 10mg; 15mg
				Alebon 5mg; 10mg; 15mg
				Apripent 5mg; 10mg; 15mg
				Aprizon 5mg; 10mg; 15mg
				Aridus 10mg; 15mg
				Aripiprazole Mylan 5mg; 10mg; 15mg
				Aripiprazole Teva 5mg; 10mg; 15mg
				Arizofy 5mg; 10mg; 15mg
				Priptrin 10mg; 15mg
				Radzil 5mg; 10mg; 15mg
				Thryve 5mg; 10mg
	R360	Other anti-psychotics: Risperidone	Risperidone	Risnia 0.5mg; 1mg; 2mg; 3mg
				Rispacor 0.5mg; 1mg; 2mg; 3mg
				Rispide 0.5mg; 1mg; 2mg
				Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg
				Zoxadon ODT 0.5mg; 1mg; 2mg

## Complaints process

You may lodge a complaint or query with Netcare Medical Scheme directly on 0861 638 633 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Netcare Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / [complaints@medicalschemes.co.za](mailto:complaints@medicalschemes.co.za) / [www.medicalschemes.co.za](http://www.medicalschemes.co.za)