

Chronic Illness Benefit medicine list (formulary) for the Prescribed Minimum benefit (PMB) Chronic Disease List (CDL) conditions and the non-CDL condition 2020

Who we are

Netcare Medical Scheme (referred to as "the Scheme"), registration number 1584, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the administrator"), is a separate company and an authorised financial services provider (registration number 1997/013480/07), that administers the Netcare Medical Scheme.

Contact details

You can call us on 0861 638 633 or visit www.netcaremedicalscheme.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by the Netcare Medical Scheme rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions. The Netcare Medical Scheme rules can be accessed on www.netcaremedicalscheme.co.za.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

The Chronic Illness Benefit (CIB) covers a comprehensive list of chronic conditions that includes asthma, diabetes, high cholesterol and high blood pressure. The Chronic Disease List (CDL) is a defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

You have full cover for approved medicine on the Scheme's medicine list. Approved medicine not on the medicine list will be funded up to the Maximum Medical Aid Price (MMAP).

Netcare Medical Scheme reserves the right to change the benefit at any time.

For more information call us on 0861 638 633 or visit us at www.netcaremedicalscheme.co.za.

About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

| Terminology | Description |
|---|---|
| Benefit year | A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) is applicable for 2020 only. |
| Prescribed Minimum Benefit (PMB) conditions | <p>In terms of the Medical Schemes Act of 1998 (Act number 131 of 1998) and its regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of any life-threatening emergency medical condition, a defined set of 270 diagnoses and 27 chronic conditions. These conditions and their treatments are known as the Prescribed Minimum Benefits (PMB).</p> <p>All medical schemes in South Africa have to include the Prescribed Minimum Benefits in the health plans they offer to their members. There are, however, certain requirements that a member must meet before he or she can benefit from the Prescribed Minimum Benefits. The three requirements are:</p> <ul style="list-style-type: none"> • The condition must be part of the list of defined PMB conditions • The treatment needed must match the treatments in the defined benefits on the PMB list • Members must use the scheme's designated healthcare service providers. |
| Chronic Disease List (CDL) | A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits. |
| Non-CDL conditions | Additional chronic conditions covered by Netcare Medical Scheme. |
| Medicine class | This describes medicines that have similar chemical structures or similar therapeutic effects. |
| Active ingredient | This is the main substance in a medicine that is responsible for the clinical action on a human body. |

The CDL medicine list for Netcare Medical Scheme

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|---|--|----------------------------------|---|
| Addison's disease | Systemic Corticosteroids: Hydrocortisone | Hydrocortisone | Covocort 10mg |
| | Systemic Corticosteroids: Mineralocorticoids | Fludrocortisone | Florinef acetate 0.1mg |
| Asthma | Adrenergics: Long acting - Formoterol | Formoterol | Foratec HFA 120 dose 12mcg/dose |
| | Adrenergics: Long acting - Salmeterol | Salmeterol | Serevent accuhaler 60 dose 50mcg |
| | | | Serevent CFC free 120 dose 25mcg |
| | Adrenergics: Short acting - Salbutamol | Salbutamol | Asthavent ecohaler 200 dose 100mcg |
| | | | Venteze CFC free 200 dose 100mcg |
| | | | Ventimax CFC free 200 dose 100mcg |
| | Anti-asthmatics: Systemic Xanthines | Theophylline | Sandoz Theophylline anhydrous 200mg; 300mg |
| | Formoterol and Beclomethasone | Formoterol and Beclomethasone | Innuvair 120 dose 100/6mcg |
| | Formoterol and Budesonide | Formoterol and Budesonide | Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg |
| | | | Symbicord turbohaler 120 dose 160/4.5mcg |
| | | | Vannair 120 dose 80/4.5mcg; 160/4.5mcg |
| | Formoterol and Mometasone | Formoterol and Mometasone | Dulera 120 dose 100/5mcg; 200/5mcg |
| | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide | Atrovent HFA 200 dose 20mcg |
| | | | Ipvent HFA 200 dose 40mcg/dose |
| | Inhaled Glucocorticoids | Beclomethasone | Beceze CFC free 200 dose 100mcg |
| | | | Beclate 200 dose 100mcg; 200mcg |
| | | Budesonide | Budeflam HFA 300 dose 100mcg |
| | | | Pulmicort turbuhaler 200 dose 100mcg; 200mcg |
| | | Ciclesonide | Ciclovent 60 dose 80mcg; 160mcg |
| | | Fluticasone | Flixotide CFC free 120 dose 50mcg; 125mcg; 250mcg |
| | Salmeterol and Fluticasone | Salmeterol and Fluticasone | Foxair accuhaler 60 dose 50/100; 50/250; 50/500 |
| | | | Sereflo HFA 120 dose 25/50; 25/125; 25/250 |
| | | | Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250 |
| Vilanterol and Fluticasone combinations | Vilanterol and Fluticasone furoate | Relvar ellipta 30 dose 92/22mcg | |
| Surgical item | Inhaler device | Dp haler device | |
| Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | |
| | | Panafcort 5mg | |
| | | Trolic 5mg | |
| Bipolar mood disorder | Anti-depressants: SSRI's | Citalopram | Adco-Talomil 20mg |
| | | | Arrow Citalopram 40mg |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------|---|---------------------------------|---|
| Bipolar mood disorder | Anti-depressants: SSRI's | Citalopram | Cilate 20mg |
| | | | Citalopram-Winthrop 20mg |
| | | | Recita 20mg |
| | | Escitalopram | Accord Escitalopram 10mg; 20mg |
| | | | Dolin 10mg; 20mg |
| | | | Esetam 10mg; 20mg |
| | | | Marprem 20mg |
| | | Fluoxetine | Deprozan 20mg |
| | | | Fluoxetine Actor 20mg |
| | | | Prolax 20mg |
| | | | Ranflocs 20mg |
| | | | Zydus-Fluoxetine 20mg |
| | | Sertraline | Dyna Sertraline 50mg; 100mg |
| | | | Serdep 50mg; 100mg |
| | | | Serlife 50mg; 100mg |
| | Anti-epileptics: Carboxamide derivatives | Carbamazepine | Degranol 200mg |
| | | | Tegretol CR 200mg; 400mg |
| | | | Zeptol 200mg |
| | Anti-epileptics: Fatty acid derivatives | Valproic acid | Convulex 150mg; 300mg |
| | | | Convulex syrup 250mg/5ml |
| | | | Epilim crushable 100mg |
| | | | Epilim sugar-free syrup 200mg/5ml |
| | | | Epilazine CR 200mg; 300mg; 500mg |
| | | | Eprolep CR 200mg; 300mg; 500mg |
| | | | Navalpro CR 200mg; 300mg; 500mg |
| | | | Valeptic CR 300mg; 500mg |
| | Anti-epileptics: Other agents | Lamotrigine | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg |
| | | | Epitec 25mg; 50mg; 100mg; 200mg |
| | | | Girotec 50mg; 100mg; 200mg |
| | | | Lamitor 25mg; 50mg; 100mg; 200mg |
| | | | Serinem 25mg; 50mg; 100mg; 200mg |
| | Anti-psychotics: Clozapine | Clozapine | Aspen Clozapine 25mg; 100mg |
| | | | Cloment 25mg; 100mg |
| Anti-psychotics: Lithium | Lithium | Camcolit 250mg; 400mg | |
| Anti-psychotics: Olanzapine | Olanzapine | Olawin 5mg; 10mg | |
| | | Olawin oradispersible 5mg; 10mg | |
| | | Prexolan 5mg; 10mg | |
| | | Prexolan ODT 5mg; 10mg | |
| | | Redilanz 5mg; 10mg | |



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| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|-----------------------------------|--|---------------------------------|--|
| Bipolar mood disorder | Anti-psychotics: Olanzapine | Olanzapine | Zolanz 5mg; 10mg |
| | | | Zylena 5mg; 10mg |
| | Anti-psychotics: Phenothiazines with aliphatic side-chain | Chlorpromazine | Largactil 25mg; 50mg; 100mg |
| | Anti-psychotics: Quetiapine | Quetiapine | Dopaquel 25mg; 100mg; 200mg; 300mg |
| | | | Mylan Quetiapine 25mg; 100mg; 200mg; 300mg |
| | | | Psyquet 25mg; 100mg; 200mg; 300mg |
| | | | Serez 25mg; 100mg; 200mg; 300mg |
| | | | Spec Quetiapine 25mg; 100mg; 200mg; 300mg |
| | | | Zimbiquet 25mg; 100mg; 200mg; 300mg |
| | Anti-psychotics: Thioxanthene derivatives | Flupenthixol | Fluanxol 0.5mg; 1mg |
| | | | Fluanxol depot 1ml 20mg |
| | | Zuclopenthixol | Clopixol 2mg; 10mg |
| | | | Clopixol depot 200mg |
| | Other anti-psychotics | Aripiprazole | Arizofy 5mg; 10mg; 15mg |
| | | | Risperidone |
| | | Risperidone | Risnia 0.5mg; 1mg; 2mg |
| | | | Rispacor 0.5mg; 1mg; 2mg; 3mg |
| | | | Rispevon 1mg; 2mg; 3mg; 4mg |
| Rispide 0.5mg; 1mg; 2mg | | | |
| Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg | | | |
| Bronchiectasis | Adrenergics: Short acting - Salbutamol | Salbutamol | Asthavent ecohaler 200 dose 100mcg |
| | | | Venteze CFC free 200 dose 100mcg |
| | | | Ventimax CFC free 200 dose 100mcg |
| | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide | Atrovent HFA 200 dose 20mcg |
| | | | Ipvent HFA 200 dose 40mcg/dose |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | Panafcort 5mg |
| | | | Trolic 5mg |
| | Cardiac failure | ACE inhibitors and diuretics | Enalapril and diuretics |
| Lisinopril and diuretics | | | |
| Lisinopril and diuretics | | | Adco-Zetomax co 10/12.5mg; 20/12.5mg |
| | | | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg |
| | | | Lisoretic 10/12.5mg; 20/12.5mg |
| | | | Lisozide 10/12.5mg; 20/12.5mg |
| | | | Zestoretic 10/12.5mg; 20/12.5mg |
| | | | Perindopril and diuretics |
| Perindopril and diuretics | | | Bioprexum Plus 10/2.5mg |
| | | | Ciplasyl Plus 4/1.25mg |
| | | Circator Plus 4/1.25mg | |
| | | Pearinda Plus 4/1.25mg | |
| | | Perindopril co Unicorn 4/1.25mg | |
| | Prexum Plus 5/1.25mg | | |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|--|---|---------------------------|---|
| Cardiac failure | ACE inhibitors and diuretics | Perindopril and diuretics | Vectoryl Plus 4/1.25mg |
| | ACE inhibitors: Plain | Captopril | Bio-Captopril 25mg |
| | | | Mylan Captopril 25mg; 50mg |
| | | Enalapril | Alapren 5mg; 10mg; 20mg |
| | | | Enalapril Unicorn 10mg; 20mg |
| | | | Hypace 5mg |
| | | Lisinopril | Adco-Zetomax 5mg; 10mg; 20mg |
| | | | Austell-Lisinopril 10mg; 20mg |
| | | | Liso 5mg; 10mg; 20mg |
| | | | Sinopren 5mg; 10mg; 20mg |
| | | Perindopril | Circator 4mg; 8mg |
| | | | Pearinda 8mg |
| | | | Perindopril Unicorn 4mg; 8mg |
| | | | Prexum 5mg; 10mg |
| | | | Ran-Perindopril 4mg |
| | | | Reprex 4mg; 8mg |
| | | | Spec-Perindopril 8mg |
| | | | Vectoryl 4mg; 8mg |
| | | Zyace 4mg | |
| | | Quinapril | Accumax 10mg; 20mg |
| | Alpha and Beta blocking agents | Carvedilol | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg |
| | | | Carvetrend 6.25mg; 12.5mg; 25mg |
| | | | Vediblok 6.25mg; 12.5mg; 25mg |
| | Angiotensin II antagonists: Combinations | Losartan and diuretics | Co-Normoten 50/12.5mg; 100/25mg |
| | | | Losaar Plus 50/12.5mg; 100/25mg |
| | | | Netrasol co 100/25mg |
| | | | Zartan co 100/25mg |
| | | Telmisartan and diuretics | Telpres Plus 40/12.5mg; 80/12.5mg |
| | | Valsartan and diuretics | Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg |
| | Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg | | |
| | Angiotensin II antagonists: Plain | Irbesartan | Jubitan 150mg; 300mg |
| | | Losartan | Annin 50mg; 100mg |
| | | | Ciplazar 100mg |
| Normoten 100mg | | | |
| Zaario 50mg; 100mg | | | |
| Zartan 100mg | | | |
| Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives | Hydralazine | Hyperphen 10mg; 50mg | |
| | | Sandoz Hydralazine 25mg | |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|--------------------------------|--|---------------------------------------|---|--|
| Cardiac failure | Beta blocking agents: Selective | Bisoprolol | Adco-Bisocor 5mg; 10mg | |
| | | | Betacor 5mg; 10mg | |
| | | | Bilocor 5mg; 10mg | |
| | | | Bisbeta 5mg; 10mg | |
| | | | Bislo 5mg; 10mg | |
| | | | Bisoprolol Unichem 10mg | |
| | | | Bisoprolol Unicorn 5mg; 10mg | |
| | | | Bisozyd 5mg; 10mg | |
| | Cardiac glycosides: Digoxin | Digoxin | Lanoxin 0.0625mg; 0.25mg | |
| | | | Lanoxin paediatric/geriatric syrup 0.05mg/1ml | |
| | High-ceiling diuretics | Furosemide | Dino-Retic 40mg | |
| | | | Furobe 40mg | |
| | | | Mylan Furosemide 40mg | |
| | Low-ceiling diuretics: Thiazides, plain | Hydrochlorothiazide | Hexazide 25mg | |
| | | | Ridaq 12.5mg | |
| | Low-ceiling diuretics: excluding Thiazides | Indapamide | Adco-Dapamax 2.5mg | |
| | | | Catexan 2.5mg | |
| | | | Cipla-Indapamide 2.5mg | |
| | | | Daptril 2.5mg | |
| | | | Mylan Indapamide 2.5mg | |
| | Potassium sparing agents | Spironolactone | Aldactone 25mg | |
| | | | Sandoz Spironolactone 25mg | |
| | | | Spiractin 25mg | |
| | Potassium supplements | Potassium chloride | Plenish K 600mg | |
| | | | Ultipot 600mg | |
| | Vasodilators in cardiac disease: Organic nitrates | Isosorbide dinitrate | Sandoz Isosorbide dinitrate 5mg; 10mg | |
| | | Isosorbide mononitrate | Ismo 20mg | |
| Monicor SR 60mg | | | | |
| Influenza vaccines | Influenza, purified antigen | Influvac 0.5ml | | |
| | | Vaxigrip single dose 0.5ml pre-filled | | |
| Pneumococcus vaccines | Pneumococcus, purified polysaccharides antigen | Pneumovax 23 | | |
| Cardiomyopathy | ACE inhibitors and diuretics | Enalapril and diuretics | Enap co 20/12.5mg | |
| | | | Lisinopril and diuretics | Adco-Zetomax co 10/12.5mg; 20/12.5mg |
| | | | | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg |
| | | | | Lisoretic 10/12.5mg; 20/12.5mg |
| | | | | Lisozide 10/12.5mg; 20/12.5mg |
| | | | | Zestoretic 10/12.5mg; 20/12.5mg |
| | Perindopril and diuretics | Bioprexum Plus 10/2.5mg | | |
| | | Ciplasyl Plus 4/1.25mg | | |
| | | Circator Plus 4/1.25mg | | |



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| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|--------------------------------|---|--------------------------------|---------------------------------|---|
| Cardiomyopathy | ACE inhibitors and diuretics | Perindopril and diuretics | Pearinda Plus 4/1.25mg | |
| | | | Perindopril co Unicorn 4/1.25mg | |
| | | | Prexum Plus 5/1.25mg | |
| | | | Vectoryl Plus 4/1.25mg | |
| | ACE inhibitors: Plain | Captopril | Captopril | Bio-Captopril 25mg |
| | | | | Mylan Captopril 25mg; 50mg |
| | | Enalapril | Enalapril | Alapren 5mg; 10mg; 20mg |
| | | | | Enalapril Unicorn 10mg; 20mg |
| | | | | Hypace 5mg |
| | | Lisinopril | Lisinopril | Adco-Zetomax 5mg; 10mg; 20mg |
| | | | | Austell-Lisinopril 10mg; 20mg |
| | | | | Liso 5mg; 10mg; 20mg |
| | | | | Sinopren 5mg; 10mg; 20mg |
| | | Perindopril | Perindopril | Circator 4mg; 8mg |
| | | | | Pearinda 8mg |
| | | | | Perindopril Unicorn 4mg; 8mg |
| | | | | Prexum 5mg; 10mg |
| | | | | Ran-Perindopril 4mg |
| | | | | Reprex 4mg; 8mg |
| | | | | Spec-Perindopril 8mg |
| | | | | Vectoryl 4mg; 8mg |
| | | | | Zyace 4mg |
| | | Quinapril | Quinapril | Accumax 10mg; 20mg |
| | | Alpha and Beta blocking agents | Carvedilol | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg |
| | Carvetrend 6.25mg; 12.5mg; 25mg | | | |
| | Vediblok 6.25mg; 12.5mg; 25mg | | | |
| | Angiotensin II antagonists: Combinations | Losartan and diuretics | Losartan and diuretics | Co-Normoten 50/12.5mg; 100/25mg |
| | | | | Losaar Plus 50/12.5mg; 100/25mg |
| | | | | Netrasol co 100/25mg |
| | | | | Zartan co 100/25mg |
| | | Telmisartan and diuretics | Telmisartan and diuretics | Telpres Plus 40/12.5mg; 80/12.5mg |
| | | Valsartan and diuretics | Valsartan and diuretics | Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg |
| | Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg | | | |
| | Angiotensin II antagonists: Plain | Irbesartan | Irbesartan | Jubitan 150mg; 300mg |
| | | | | Losartan |
| | | Losartan | Losartan | Ciplazar 100mg |
| | | | | Normoten 100mg |
| | | | | Zaario 50mg; 100mg |
| | | | | Zartan 100mg |
| | Anti-thrombotic agents: Vitamin K antagonists | Warfarin | Warfarin | Cipla-Warfarin 5mg |



NETCARE MEDICAL SCHEME
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| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|--|--|---------------------------------------|---|
| Cardiomyopathy | Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives | Hydralazine | Hyperphen 10mg; 50mg |
| | | | Sandoz Hydralazine 25mg |
| | Aspirin | Acetylsalicylic acid | Aspirin Teva 80mg |
| | | | Myoprin 100mg |
| | Beta blocking agents: Selective | Bisoprolol | Adco-Bisocor 5mg; 10mg |
| | | | Betacor 5mg; 10mg |
| | | | Bilocor 5mg; 10mg |
| | | | Bisbeta 5mg; 10mg |
| | | | Bislo 5mg; 10mg |
| | | | Bisoprolol Unichem 10mg |
| | | | Bisoprolol Unicorn 5mg; 10mg |
| | | | Bisozyd 5mg; 10mg |
| | Cardiac glycosides: Digoxin | Digoxin | Lanoxin 0.0625mg; 0.25mg |
| | | | Lanoxin paediatric/geriatric syrup 0.05mg/1ml |
| | High-ceiling diuretics | Furosemide | Dino-Retic 40mg |
| | | | Furobe 40mg |
| | | | Mylan Furosemide 40mg |
| | Low-ceiling diuretics: Thiazides, plain | Hydrochlorothiazide | Hexazide 25mg |
| | | | Ridaq 12.5mg |
| | Low-ceiling diuretics: excluding Thiazides | Indapamide | Adco-Dapamax 2.5mg |
| | | | Catexan 2.5mg |
| | | | Cipla-Indapamide 2.5mg |
| | | | Daptril 2.5mg |
| | | | Mylan Indapamide 2.5mg |
| | Potassium sparing agents | Spironolactone | Aldactone 25mg |
| | | | Sandoz Spironolactone 25mg |
| | | | Spiractin 25mg |
| Potassium supplements | Potassium chloride | Plenish K 600mg | |
| | | Ultipot 600mg | |
| Vasodilators in cardiac disease: Organic nitrates | Isosorbide dinitrate | Sandoz Isosorbide dinitrate 5mg; 10mg | |
| | Isosorbide mononitrate | Ismo 20mg | |
| | | Monicor SR 60mg | |
| Influenza vaccines | Influenza, purified antigen | Influvac 0.5ml | |
| | | Vaxigrip single dose 0.5ml pre-filled | |
| Pneumococcus vaccines | Pneumococcus, purified polysaccharides antigen | Pneumovax 23 | |
| Chronic obstructive pulmonary disease (COPD) | Adrenergics: Short acting - Salbutamol | Salbutamol | Asthavent ecohaler 200 dose 100mcg |
| | | | Venteze CFC free 200 dose 100mcg |
| | | | Ventimax CFC free 200 dose 100mcg |



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| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | | | | | | | | | | | | | | | | | | | | | | |
|---|--|---------------------------------------|--|--------------------------------------|---------------------------|-------------------------|------------------------|------------------------|------------------------|---------------------------------|----------------------|------------------------|--------------------------|------------------------------|-------------------------------|----------------------------|-----------|-------------------------|------------------------------|------------|--------------------------|-------------|-------------------|--------------|------------------------------|
| Chronic obstructive pulmonary disease (COPD) | Anti-asthmatics: Systemic Xanthines | Theophylline | Sandoz Theophylline anhydrous 200mg; 300mg | | | | | | | | | | | | | | | | | | | | | | |
| | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide | Atrovent HFA 200 dose 20mcg | | | | | | | | | | | | | | | | | | | | | | |
| | | | Ipvent HFA 200 dose 40mcg/dose | | | | | | | | | | | | | | | | | | | | | | |
| | Salbutamol and Ipratropium bromide | Salbutamol and Ipratropium bromide | Duolin HFA 200 dose | | | | | | | | | | | | | | | | | | | | | | |
| | Surgical item: Oxygen concentrator | Oxygen | Oxygen Concentrator (Rental) | | | | | | | | | | | | | | | | | | | | | | |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | | | | | | | | | | | | | | | | | | | | | | |
| | | | Panafcort 5mg | | | | | | | | | | | | | | | | | | | | | | |
| | | | Trolic 5mg | | | | | | | | | | | | | | | | | | | | | | |
| Influenza vaccines | Influenza, purified antigen | Influvac 0.5ml | | | | | | | | | | | | | | | | | | | | | | | |
| | | Vaxigrip single dose 0.5ml pre-filled | | | | | | | | | | | | | | | | | | | | | | | |
| Chronic renal disease | ACE inhibitors and diuretics | Enalapril and diuretics | Enap co 20/12.5mg | | | | | | | | | | | | | | | | | | | | | | |
| | | | Lisinopril and diuretics | Adco-Zetomax co 10/12.5mg; 20/12.5mg | | | | | | | | | | | | | | | | | | | | | |
| | | Lisoretic 10/12.5mg; 20/12.5mg | Lisozide 10/12.5mg; 20/12.5mg | Zestoretic 10/12.5mg; 20/12.5mg | | | | | | | | | | | | | | | | | | | | | |
| | | | | | Perindopril and diuretics | Bioprexum Plus 10/2.5mg | Ciplasyl Plus 4/1.25mg | Circator Plus 4/1.25mg | Pearinda Plus 4/1.25mg | Perindopril co Unicorn 4/1.25mg | Prexum Plus 5/1.25mg | Vectoryl Plus 4/1.25mg | | | | | | | | | | | | | |
| | | | | | | | | | | | | | ACE inhibitors: Plain | Captopril | Bio-Captopril 25mg | Mylan Captopril 25mg; 50mg | | | | | | | | | |
| | | | | | | | | | | | | | | | | | Enalapril | Alapren 5mg; 10mg; 20mg | Enalapril Unicorn 10mg; 20mg | Hypace 5mg | | | | | |
| | | | | | | | | | | | | | Lisinopril | Adco-Zetomax 5mg; 10mg; 20mg | Austell-Lisinopril 10mg; 20mg | Liso 5mg; 10mg; 20mg | | | | | Sinopren 5mg; 10mg; 20mg | | | | |
| | | | | | | | | | | | | | | | | | | | | | | Perindopril | Circator 4mg; 8mg | Pearinda 8mg | Perindopril Unicorn 4mg; 8mg |



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| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|--|---|--|--|--|
| Chronic renal disease | ACE inhibitors: Plain | Perindopril | Spec-Perindopril 8mg | |
| | | | Vectoryl 4mg; 8mg | |
| | | | Zyace 4mg | |
| | Angiotensin II antagonists: Combinations | Losartan and diuretics | Losartan and diuretics | Co-Normoten 50/12.5mg; 100/25mg |
| | | | | Losaar Plus 50/12.5mg; 100/25mg |
| | | | | Netrasol co 100/25mg |
| | | | | Zartan co 100/25mg |
| | | Telmisartan and diuretics | Telpres Plus 40/12.5mg; 80/12.5mg | |
| | | Valsartan and diuretics | Valsartan and diuretics | Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg |
| | | | | Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg |
| | Angiotensin II antagonists: Plain | Losartan | Losartan | Jubitan 150mg; 300mg |
| | | | | Annin 50mg; 100mg |
| | | | | Ciplazar 100mg |
| | | | | Normoten 100mg |
| | | | | Zaario 50mg; 100mg |
| | | | | Zartan 100mg |
| | Calcium supplements | Calcium carbonate | B-cal | |
| | Folic acid and derivatives | Folic acid | Folic acid | Be-Tabs Folic acid 5mg |
| | | | | Folic acid 5mg |
| | Iron in combination with Folic acid | Iron in combination with Folic acid | Pregamal | |
| | Iron, parenteral preparations | Iron, parenteral preparations | Iron, parenteral preparations | Cosmofer ampoule 2ml 50mg/1ml |
| | | | | Equifer ampoule 5ml 100mg/5ml |
| | | | | Rautevene ampoule 5ml 100mg/5ml |
| | | | | Sucrofer 5ml 20mg/1ml |
| | | | | Zypiron vial 5ml 20mg/1ml |
| | Other anti-anaemic preparations | Darbepoetin Alfa | Darbepoetin Alfa | Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml |
| | | | | Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml |
| Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml | | | | |
| Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml | | | | |
| Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml | | | | |
| Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml | | | | |
| Aranesp prefilled syringe 0.4ml 80mcg/0.4ml | | | | |
| Aranesp prefilled syringe 0.5ml 100mcg/0.5ml | | | | |
| Erythropoietin | | Erythropoietin | Eprex pre-fill 2000U/0.5ml | |
| | | | Eprex pre-fill 4000U/0.4ml | |
| | | | Repotin ampoule 1ml 2000U; 4000U | |
| Methoxy polyethylene glycol-epoetin beta | | Methoxy polyethylene glycol-epoetin beta | Mircera pre-filled syringe 0.3ml 30mcg/0.3ml | |
| | | | Mircera pre-filled syringe 0.3ml 50mcg/0.3ml | |
| | | | Mircera pre-filled syringe 0.3ml 75mcg/0.3ml | |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|--------------------------------|--|--|---|----------------------------|
| Chronic renal disease | Other anti-anaemic preparations | Methoxy polyethylene glycol-epoetin beta | Mircera pre-filled syringe 0.3ml 100mcg/0.3ml | |
| | | | Mircera pre-filled syringe 0.3ml 120mcg/0.3ml | |
| | | | Mircera pre-filled syringe 0.3ml 150mcg/0.3ml | |
| | | | Mircera pre-filled syringe 0.3ml 200mcg/0.3ml | |
| | | | Mircera pre-filled syringe 0.3ml 250mcg/0.3ml | |
| | Vitamin D and analogues | Alfacalcidol | One alpha 0.25mcg; 1mcg | |
| Coronary artery disease | Aspirin | Acetylsalicylic acid | Aspirin Teva 80mg | |
| | | | Myoprin 100mg | |
| | Beta blocking agents: Non-selective | Propranolol | Indoblok 40mg | |
| | | | Purbloka 40mg | |
| | Beta blocking agents: Selective | Atenolol | Adco-Atenolol 50mg; 100mg | |
| | | | B-Block 100mg | |
| | | | Tenopress 50mg; 100mg | |
| | Selective calcium channel blockers with direct cardiac effects | Diltiazem | Adco-Zildem 60mg | |
| | | | Adco-Zildem SR 180mg; 240mg | |
| | | Verapamil | Vasomil 40mg; 80mg | |
| | | | Verahexal SR 240mg | |
| | Selective calcium channel blockers with mainly vascular effects | Amlodipine | Amlodipine Unicorn 5mg; 10mg | |
| | | | Amtas 5mg; 10mg | |
| | | | Aprate 5mg; 10mg | |
| | | | Austell-Amlodipine 5mg; 10mg | |
| | | | Gulf Amlodipine 5mg; 10mg | |
| | | | Lomanor 5mg; 10mg | |
| | | | Pendine 5mg; 10mg | |
| | | | Pharma Dynamics Amlodipine besylate 5mg; 10mg | |
| | | | Felodipine | Felodipine-Hexal 5mg; 10mg |
| | | | Plendil 2.5mg; 5mg | |
| | Vasodilators in cardiac disease: Organic nitrates | Isosorbide dinitrate | Sandoz Isosorbide dinitrate 5mg; 10mg | |
| | | | Isosorbide mononitrate | Ismo 20mg |
| Monicor SR 60mg | | | | |
| Crohn's disease | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg | |
| | | | Folic acid 5mg | |
| | Intestinal anti-inflammatories: Aminosalicylic acid and similar agents | Mesalazine | Asacol 400mg; 800mg | |
| | | | Mezavant 1200mg | |
| | | | Pentasa 500mg | |
| | | | Pentasa suppository 1000mg | |
| | | | Salofalk 1000mg | |
| | | Sulfasalazine | Salazopyrin 500mg | |
| | Salazopyrin EN 500mg | | | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|---|---|--|---|---|
| Crohn's disease | Intestinal anti-inflammatories: Corticosteroids | Budesonide | Entocord enema | |
| | | | Other immunosuppressive agents: Azathioprine | Azathioprine 50mg |
| | Other immunosuppressive agents: Azathioprine | Azathioprine PCH 50mg | | |
| | | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg |
| | Methotrexate 2.5mg | | | |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | |
| | | | Panafcort 5mg | |
| | | | Trolic 5mg | |
| | Diabetes insipidus | Posterior pituitary hormones: Vasopressin and analogues | Desmopressin | Ddavn 0.1mg; 0.2mg |
| | | | | Ddavn nasal spray 5ml 0.1mg/1ml |
| Diabetes mellitus Type 1 | Anti-diabetic agents: Fast-acting Insulins | Insulin Aspart | Novorapid - penfill 3ml | |
| | | | Insulin Glulisine | Apidra - cartridge 3ml |
| | | | | Apidra solostar - disposable pen 3ml |
| | Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic) | Insulin Lispro | Humalog - cartridge 3ml; kwikpen 3ml | |
| | | | Insulin Aspart | Novomix 30 - flexpen 3ml |
| | Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic) | Insulin Human | Humulin 30/70 - cartridge 3ml | |
| | | | Insulin Lispro | Humalog mix 25 - cartridge 3ml; kwikpen 3ml |
| | | | | Humalog mix 50 - cartridge 3ml; kwikpen 3ml |
| | Anti-diabetic agents: Intermediate-acting Insulins | Insulin Human | Humulin n - cartridge 3ml; kwikpen 3ml | |
| | | | Insulin Detemir | Levemir - pre-filled cartridge 3ml |
| | Anti-diabetic agents: Long-acting Insulins | Insulin Glargine | Basaglar - cartridge 3ml; pre-filled pen 3ml | |
| | | | Optisulin - cartridge 3ml; pen 3ml | |
| | | | Toujeo - pen 1.5ml | |
| | Aspirin | Acetylsalicylic acid | Aspirin Teva 80mg | |
| | | | Myoprin 100mg | |
| | Blood glucose monitoring agents | Glucose strips | Accu chek instant strip | |
| | | | Freestyle strip optium glucose test | |
| | | | Strip accu check glucose active | |
| | | | Test caresens n glucose strips 29g | |
| | | | Test fora diamond blood glucose strip | |
| Test glucocheck | | | | |
| Test strip blood glucose clicks bionime gs550 | | | | |
| Test strip glucose contour plus | | | | |
| Test strip glucose contour ts | | | | |
| Test strip glucose glucocheck key | | | | |
| Test strip glucose on call plus ez | | | | |
| Test strip onetouch select | | | | |
| Test strip onetouch select plus | | | | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|---------------------------------|--|--|---|---|
| Diabetes mellitus Type 1 | Surgical item | Lancets | Lancet blood collection needle loris | |
| | | | Lancet fora collection needle sterile 30g | |
| | | | Lancet fora tender needle sterile 33g | |
| | | | Lancet freestyle test | |
| | | | Lancet glucocheck novicheck | |
| | | | Lancet oncall glucose | |
| | | | Lancet solus v2 | |
| | | | Lancet unilet sterile 28g | |
| | | | Lancet unilet sterile 4cm x 6cm x 7.5cm 28g | |
| | | | Microlet lancet | |
| | | Needles | Droplet pen needle 8mm 31g | |
| | | | Needle insulin pen bd microfine 30g 8mm | |
| | | | Needle insulin pen bd microfine 31g 5mm | |
| | | | Needle insulin pen bd microfine tw 32g 4mm | |
| | | | Needle novofine | |
| | | Syringes | Syringe insulin 1.0ml with 27g needle | |
| | | | Syringe insulin bd microfine 0.3ml 30g 8mm demi | |
| | | | Syringe insulin bd microfine 1ml 30g 8mm | |
| | | | Syringe insulin bd microfine 1ml 9g 12.7mm | |
| Diabetes mellitus Type 2 | Anti-diabetic agents: Biguanides | Metformin | Accord Metformin 500mg; 850mg | |
| | | | Apex-Metformin 500mg | |
| | | | Austell-Metformin 500mg; 850mg | |
| | | | Bigsens 500mg; 850mg; 1000mg | |
| | | | Diamin 500mg; 850mg | |
| | | | Diaphage 500mg; 850mg; 1000mg | |
| | | | Gluconorm 500mg; 850mg | |
| | | | Metored 1000mg | |
| | | | Mylan Metformin 1000mg | |
| | | | Romidab 500mg; 850mg; 1000mg | |
| | | | Sandoz Metformin 500mg | |
| | Anti-diabetic agents: Fast-acting Insulins | Insulin Aspart | Novorapid - penfill 3ml | |
| | | | Insulin Glulisine | Apidra - cartridge 3ml |
| | | | | Apidra solostar - disposable pen 3ml |
| | Insulin Lispro | Humalog - cartridge 3ml; kwikpen 3ml | | |
| | | Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic) | Insulin Aspart | Novomix 30 - flexpen 3ml |
| | Insulin Human | | | Humulin 30/70 - cartridge 3ml |
| | | | Insulin Lispro | Humalog mix 25 - cartridge 3ml; kwikpen 3ml |
| | Humalog mix 50 - cartridge 3ml; kwikpen 3ml | | | |
| | Anti-diabetic agents: Intermediate-acting Insulins | Insulin Human | Humulin n - cartridge 3ml; kwikpen 3ml | |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|---|---|--|---|------------------|
| Diabetes mellitus Type 2 | Anti-diabetic agents: Long-acting Insulins | Insulin Detemir | Levemir - prefilled cartridge 3ml | |
| | | Insulin Glargine | Basaglar - cartridge 3ml; pre-filled pen 3ml | |
| | | | Optisulin - cartridge 3ml; pen 3ml | |
| | | | Toujeo - pen 1.5ml | |
| | Anti-diabetic agents: Sulfonamides, urea derivatives | Gliclazide | Diagluclide MR | 60mg |
| | | | Diaran MR | 30mg |
| | | | Dyna Gliclazide SR | 30mg |
| | | | Gliclazide Unicorn MR | 30mg |
| | | | Glytab MR | 30mg |
| | Anti-diabetic agents: Thiazolidinediones | Pioglitazone | Accord Pioglitazone | 15mg; 30mg; 45mg |
| | | | Pioglitazone hydrochloride Macleods | 15mg; 30mg |
| | Aspirin | Acetylsalicylic acid | Aspirin Teva | 80mg |
| | | | Myoprin | 100mg |
| | Blood glucose monitoring agents | Glucose strips | Accu chek instant strip | |
| | | | Freestyle strip optimum glucose test | |
| | | | Strip accu check glucose active | |
| | | | Test caresens n glucose strips 29g | |
| | | | Test fora diamond blood glucose strip | |
| | | | Test glucocheck | |
| | | | Test strip blood glucose clicks bionime gs550 | |
| | | | Test strip glucose contour plus | |
| | | | Test strip glucose contour ts | |
| | | | Test strip glucose glucocheck key | |
| | | | Test strip glucose on call plus ez | |
| | | | Test strip onetouch select | |
| | | | Test strip onetouch select plus | |
| | Surgical item | Lancets | Lancet blood collection needle loris | |
| Lancet fora collection needle sterile 30g | | | | |
| Lancet fora tender needle sterile 33g | | | | |
| Lancet freestyle test | | | | |
| Lancet glucocheck novicheck | | | | |
| Lancet oncall glucose | | | | |
| Lancet solus v2 | | | | |
| Lancet unilet sterile 28g | | | | |
| Lancet unilet sterile 4cm x 6cm x 7.5cm 28g | | | | |
| Microlet lancet | | | | |
| Needles | | Droplet pen needle 8mm 31g | | |
| | | Needle insulin pen bd microfine 30g 8mm | | |
| | | Needle insulin pen bd microfine 31g 5mm | | |
| | | Needle insulin pen bd microfine tw 32g 4mm | | |
| | | | | |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|---|--|---|---|
| Diabetes mellitus Type 2 | Surgical item | Needles | Needle novofine |
| | | Syringes | Syringe insulin 1.0ml with 27g needle |
| | | | Syringe insulin bd microfine 0.3ml 30g 8mm demi |
| | | | Syringe insulin bd microfine 1ml 30g 8mm |
| | | | Syringe insulin bd microfine 1ml 9g 12.7mm |
| Dysrhythmia | Anti-arrhythmics: class Ic | Flecainide | Tambocor 100mg |
| | | | Tambocor CR 100mg; 200mg |
| | Anti-arrhythmics: class III - Amiodarone | Amiodarone | Rythmol 150mg; 300mg |
| | | | Arycor 100mg; 200mg |
| | | | Bio-Amiodarone 200mg |
| | Anti-thrombotic agents: Vitamin K antagonists | Warfarin | Hexarone 100mg; 200mg |
| | | | Cipla-Warfarin 5mg |
| | Aspirin | Acetylsalicylic acid | Aspirin Teva 80mg |
| | | | Myoprin 100mg |
| | Beta blocking agents: Non-selective | Propranolol | Indoblok 40mg |
| | | | Purbloka 40mg |
| | Beta blocking agents: Selective | Atenolol | Sotalol 80mg; 160mg |
| | | | Adco-Atenolol 50mg; 100mg |
| | | | B-Block 100mg |
| | Cardiac glycosides: Digoxin | Digoxin | Tenopress 50mg; 100mg |
| | | | Lanoxin 0.0625mg; 0.25mg |
| | Selective calcium channel blockers with direct cardiac effects | Verapamil | Lanoxin paediatric/geriatric syrup 0.05mg/1ml |
| | | | Vasomil 40mg; 80mg |
| | Epilepsy | Anti-epileptics: Barbiturates and derivatives | Phenobarbital |
| Lethyl 30mg | | | |
| Anti-epileptics: Benzodiazepine derivatives | | Clonazepam | Sedabarb 30mg |
| | | | Rivotril 0.5mg; 2mg |
| | | | Degranol 200mg |
| Anti-epileptics: Carboxamide derivatives | | Carbamazepine | Tegretol CR 200mg; 400mg |
| | | | Zeptol 200mg |
| | | | Convulex 150mg; 300mg |
| Anti-epileptics: Fatty acid derivatives | | Valproic acid | Convulex syrup 250mg/5ml |
| | | | Epilim crushable 100mg |
| | | | Epilim sugar-free syrup 200mg/5ml |
| | | | Epilazine CR 200mg; 300mg; 500mg |
| | | | Eprolep CR 200mg; 300mg; 500mg |
| | Navalpro CR 200mg; 300mg; 500mg | | |
| | Valeptic CR 300mg; 500mg | | |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------|--|-----------------------|--|
| Epilepsy | Anti-epileptics: Hydantoin derivatives | Phenytoin | Phenytoin sod 100mg |
| | Anti-epileptics: Other agents | Lamotrigine | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg |
| | | | Epitec 25mg; 50mg; 100mg; 200mg |
| | | | Girotec 50mg; 100mg; 200mg |
| | | | Lamitor 25mg; 50mg; 100mg; 200mg |
| | | | Serinem 25mg; 50mg; 100mg; 200mg |
| | | Topiramate | Epimate 25mg; 50mg; 100mg; 200mg |
| | | | Epitoz 25mg; 50mg; 100mg |
| | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | | | Folic acid 5mg |
| Glaucoma | Anti-glaucoma agents: Carbonic anhydrase inhibitors | Dorzolamide | Glaucompress 5ml 2% |
| | | | Trusopt 5ml owi 2% |
| | Anti-glaucoma agents: Prostaglandin analogues | Bimatoprost | Lumigan 0.01% |
| | | Latanoprost | Atana 2.5ml 50mcg/1ml |
| | | | Spersatan 2.5ml 50mcg/1ml |
| | | | Xalatan 2.5ml 50mcg/1ml |
| | | Tafluprost | Saflutan single dose container 0.3ml 15mcg/1ml |
| | Travoprost | Travatan 2.5ml 0.004% | |
| | Anti-glaucoma agents: Sympathomimetics | Brimonidine | Alphagan purite 5ml 1.5mg/1ml |
| | | | Brimoct 5ml 2mg/1ml |
| | Anti-glaucoma Beta blocking agents: Timolol | Timolol | Glaucosan 5ml 0.5% |
| | | | Occumol 5ml 0.5% |
| | Anti-glaucoma Beta blocking agents: Timolol, combinations | Timolol, combinations | Azarga 5ml |
| | | | Co-Atana 2.5ml |
| | | | Combigan 5ml 2mg/5mg |
| | | | Cosopt 5ml 0.5% |
| | | | Duotrav 2.5ml |
| | | | Ganfort 3ml |
| | | | Glauaide-co 5ml |
| | | | Glauopt co 5ml |
| Ocudor co 5ml | | | |
| Xalacom 2.5ml | | | |
| Haemophilia | Analgesics: Paracetamol | Paracetamol | Adco-Napamol 500mg |
| | | | Adco-Prolief 500mg |
| | | | Cetapon 500mg |
| | | | Painogestic 500mg |
| | Anti-fibrinolytics: Amino acids | Tranexamic acid | Tranexamic acid Medwich 500mg |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|--------------------------------|---|---|--|--|
| Haemophilia | Blood coagulation factors | Coagulation factor IX | Haemosolvex IX 500U | |
| | | | Octanine F vial 30ml 250U; 500U; 1000U | |
| | | Coagulation factor VIII | Haemosolvate VIII 300U; 500U; 1000U | |
| | | | Octanate vial 5ml 250U | |
| | Posterior pituitary hormones: Vasopressin and analogues | Desmopressin | Ddavp 0.1mg; 0.2mg | |
| | | | Ddavp nasal spray 5ml 0.1mg/1ml | |
| Hyperlipidaemia | Lipid modifying agents: Fibrates | Bezafibrate | Bezalip Retard 400mg | |
| | | | Sandoz Bezafibrate 400mg | |
| | Lipid modifying agents: Statins | Atorvastatin | Adco Atorvastatin 10mg; 20mg; 40mg | |
| | | | Aspavor 10mg; 20mg; 40mg; 80mg | |
| | | | Astor 10mg; 20mg; 40mg; 80mg | |
| | | | Atolip 10mg; 20mg; 40mg | |
| | | | Atorvastatin Unicorn 10mg; 20mg; 40mg | |
| | | | Atorvastatin Winthrop 10mg; 20mg; 40mg | |
| | | | Dynator 10mg; 20mg; 40mg; 80mg | |
| | | | Lestavor 10mg; 20mg; 40mg; 80mg | |
| | | | Lipogen 10mg; 20mg; 40mg; 80mg | |
| | | | Vastor 10mg; 20mg; 40mg | |
| | | | Simvastatin | Adco-Simvastatin 10mg; 20mg; 40mg |
| | | | | Aspen Simvastatin 10mg; 20mg; 40mg |
| | | | | Austell-Simvastatin 10mg; 20mg; 40mg |
| | | | | Cipla-Simvastatin 40mg |
| | Zysim 10mg; 20mg | | | |
| | | | | |
| | Hypertension | ACE inhibitors and calcium channel blockers | Perindopril and Amlodipine | Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg |
| | | | | Reaptan 5/5mg; 10/5mg; 5/10mg; 10/10mg |
| ACE inhibitors and diuretics | | Enalapril and diuretics | Enap co 20/12.5mg | |
| | | | Lisinopril and diuretics | Adco-Zetomax co 10/12.5mg; 20/12.5mg |
| | | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg | | |
| | | Lisoretic 10/12.5mg; 20/12.5mg | | |
| | | Lisozide 10/12.5mg; 20/12.5mg | | |
| | | Zestoretic 10/12.5mg; 20/12.5mg | | |
| | | Perindopril and diuretics | Bioprexum Plus 10/2.5mg | |
| | | | Ciplasyl Plus 4/1.25mg | |
| | | | Circator Plus 4/1.25mg | |
| | | | Pearinda Plus 4/1.25mg | |
| | | | Perindopril co Unicorn 4/1.25mg | |
| | | | Prexum Plus 5/1.25mg | |
| | | Vectoryl Plus 4/1.25mg | | |
| ACE inhibitors: Plain | | Captopril | Bio-Captopril 25mg | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|---|---|---------------------------|---|
| Hypertension | ACE inhibitors: Plain | Captopril | Mylan Captopril 25mg; 50mg |
| | | Enalapril | Alapren 5mg; 10mg; 20mg |
| | | | Enalapril Unicorn 10mg; 20mg |
| | | | Hypace 5mg |
| | | Lisinopril | Adco-Zetomax 5mg; 10mg; 20mg |
| | | | Austell-Lisinopril 10mg; 20mg |
| | | | Liso 5mg; 10mg; 20mg |
| | | | Sinopren 5mg; 10mg; 20mg |
| | | Perindopril | Circator 4mg; 8mg |
| | | | Pearinda 8mg |
| | | | Perindopril Unicorn 4mg; 8mg |
| | | | Prexum 5mg; 10mg |
| | | | Ran-Perindopril 4mg |
| | | | Reprex 4mg; 8mg |
| | Spec-Perindopril 8mg | | |
| | Vectoryl 4mg; 8mg | | |
| | Zyace 4mg | | |
| | Quinapril | Accumax 10mg; 20mg | |
| | Alpha and Beta blocking agents | Carvedilol | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg |
| | | | Carvetrend 6.25mg; 12.5mg; 25mg |
| | | | Vediblok 6.25mg; 12.5mg; 25mg |
| | Angiotensin II antagonists: Combinations | Losartan and diuretics | Co-Normoten 50/12.5mg; 100/25mg |
| | | | Losaar Plus 50/12.5mg; 100/25mg |
| | | | Netrasol co 100/25mg |
| | | | Zartan co 100/25mg |
| | | Telmisartan and diuretics | Telpres Plus 40/12.5mg; 80/12.5mg |
| | | Valsartan and diuretics | Co-Migroben 80/12.5mg; 160/12.5mg; 160/25mg |
| | Co-Zomevek 80/12.5mg; 160/12.5mg; 160/25mg | | |
| | Angiotensin II antagonists: Plain | Irbesartan | Jubitan 150mg; 300mg |
| | | Losartan | Annin 50mg; 100mg |
| | | | Ciplazar 100mg |
| | | | Normoten 100mg |
| Zaario 50mg; 100mg | | | |
| Zartan 100mg | | | |
| Anti-adrenergic agents: Alpha-adrenoreceptor antagonists | Doxazosin | Cardugen 1mg; 4mg | |
| | | Urodoxa 4mg | |
| Anti-adrenergic agents: Methyldopa | Methyldopa | Hypotone 250mg | |
| | | Mylan Methyldopa 250mg | |
| Anti-adrenergic agents: Rauwolfia alkaloids | Reserpine | Reserpine 0.25mg | |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|---|--|----------------------------|-------------------------------|
| Hypertension | Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives | Hydralazine | Hyperphen 10mg; 50mg |
| | | | Sandoz Hydralazine 25mg |
| | Beta blocking agents: Non-selective | Propranolol | Indoblok 40mg |
| | | | Purbloka 40mg |
| | Beta blocking agents: Selective | Atenolol | Adco-Atenolol 50mg; 100mg |
| | | | B-Block 100mg |
| | | | Tenopress 50mg; 100mg |
| | High-ceiling diuretics | Furosemide | Dino-Retic 40mg |
| | | | Furobe 40mg |
| | | | Mylan Furosemide 40mg |
| | Low-ceiling diuretics: Thiazides, plain | Hydrochlorothiazide | Hexazide 25mg |
| | | | Ridaq 12.5mg |
| | Low-ceiling diuretics: excluding Thiazides | Indapamide | Adco-Dapamax 2.5mg |
| | | | Catexan 2.5mg |
| | | | Cipla-Indapamide 2.5mg |
| | | | Daptril 2.5mg |
| | | | Mylan Indapamide 2.5mg |
| | Potassium sparing agents | Spironolactone | Aldactone 25mg |
| | | | Sandoz Spironolactone 25mg |
| | | | Spiractin 25mg |
| | Potassium supplements | Potassium chloride | Plenish K 600mg |
| | | | Ultipot 600mg |
| | Selective calcium channel blockers with direct cardiac effects | Diltiazem | Adco-Zildem 60mg |
| | | | Adco-Zildem SR 180mg; 240mg |
| | | Verapamil | Vasomil 40mg; 80mg |
| | | | Verahexal SR 240mg |
| | Selective calcium channel blockers with mainly vascular effects | Amlodipine | Amlodipine Unicorn 5mg; 10mg |
| | | | Amtas 5mg; 10mg |
| | | | Aprate 5mg; 10mg |
| | | | Austell-Amlodipine 5mg; 10mg |
| | | | Gulf Amlodipine 5mg; 10mg |
| | | | Lomanor 5mg; 10mg |
| Pendine 5mg; 10mg | | | |
| Pharma Dynamics Amlodipine besylate 5mg; 10mg | | | |
| Felodipine | | Felodipine-Hexal 5mg; 10mg | |
| | | Plendil 2.5mg; 5mg | |
| Nifedipine | Cipalat Retard 20mg | | |
| Hypothyroidism | Thyroid hormones | Levothyroxine sodium | Euthyrox 25mcg; 50mcg; 100mcg |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|------------------------------------|--|---|---|---|
| Multiple sclerosis | Anti-depressants: Tricyclics | Amitriptyline | Gulf Amitriptyline 25mg | |
| | | | Sandoz Amitriptyline 25mg | |
| | | | Trepiline 10mg | |
| | Drugs for urinary frequency and incontinence | Oxybutynin | Mylan Oxybutynin 5mg | |
| | | | Oxyrest 5mg | |
| | Interferons | Interferon beta-1a | Avonex pre-filled syringe 0.5ml 30mcg/0.5ml | |
| | | | Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml | |
| | | | Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml | |
| | | | Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml | |
| | | | Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml | |
| | | | Interferon beta-1b | Betaferon pre-filled syringe 1ml 9600000U/1ml |
| | Muscle relaxants: Other centrally acting agents | Baclofen | Bio-Baclofen 10mg | |
| | | | Teva Baclofen 10mg | |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | |
| | | | Panafcort 5mg | |
| Trolic 5mg | | | | |
| Parkinson's disease | Anticholinergic agents: Tertiary amines | Biperiden | Akineton 2mg | |
| | Dopamine agonists | Pramipexole | Mylan Pramipexole 0.125mg; 0.25mg; 1mg | |
| | | | Oxpola 0.125mg; 0.25mg; 1mg | |
| | | | Pexasp 0.125mg; 0.25mg; 1mg | |
| | Dopaminergic agents: Adamantane derivatives | Amantadine | Symadin 100mg | |
| | Levodopa and decarboxylase inhibitor | Levodopa and decarboxylase inhibitor | Carbilev 25/100mg; 25/250mg | |
| | | | Lecardop 25/100mg; 25/250mg | |
| Teva Carbi-Levo 25/100mg; 25/250mg | | | | |
| Rheumatoid arthritis | Anti-inflammatory agents: Acetic acid derivatives and related substances | Diclofenac | Adco-Diclofenac 50mg | |
| | | | A-Lennon Diclofenac 25mg; 50mg | |
| | | | Diclofenac Biotech 25mg | |
| | | | Mylan Diclofenac 25mg; 50mg | |
| | | | Panamor AT 50mg | |
| | | Indomethacin | Betacin 25mg | |
| | | | Gulf Indomethacin 25mg | |
| | | | Methocaps 25mg | |
| | | Anti-inflammatory agents: Oxicams | Meloxicam | Adco-Meloxicam 15mg |
| | | | | Apex-Meloxicam 7.5mg |
| Flexocam 7.5mg | | | | |
| Medoxicam 7.5mg | | | | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|---|---|------------------------|--------------------------------|
| Rheumatoid arthritis | Anti-inflammatory agents: Oxicams | Meloxicam | Melzy 7.5mg |
| | | Piroxicam | Pyrocaps 20mg |
| | | | Roxifen 20mg |
| | Anti-inflammatory agents: Propionic acid derivatives | Ibuprofen | Betaprofen 200mg |
| | | | Betaprofen FC 400mg |
| | | | Bren 400mg |
| | | | Ibucine 200mg; 400mg |
| | | | Ibunate 200mg |
| | | | Ibusor 200mg |
| | | Naproxen | Mylan Naproxen 250mg |
| | | | Naproscript 250mg |
| | | | |
| | Anti-rheumatic agents: Chloroquine | Chloroquine | Plasmoquine 200mg |
| | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | | | Folic acid 5mg |
| | Intestinal anti-inflammatories: Aminosalicylic acid and similar agents | Sulfasalazine | Salazopyrin 500mg |
| | | | Salazopyrin EN 500mg |
| | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg |
| | | | Azathioprine PCH 50mg |
| | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg |
| Methotrexate 2.5mg | | | |
| Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | |
| | | Panafcort 5mg | |
| | | Trolic 5mg | |
| Schizophrenia | Anti-depressants: SSRI's | Citalopram | Adco-Talomil 20mg |
| | | | Arrow Citalopram 40mg |
| | | | Cilate 20mg |
| | | | Citalopram-Winthrop 20mg |
| | | | Recita 20mg |
| | | Escitalopram | Accord Escitalopram 10mg; 20mg |
| | | | Dolin 10mg; 20mg |
| | | | Esetam 10mg; 20mg |
| | | | Marprem 20mg |
| | | Fluoxetine | Deprozan 20mg |
| | | | Fluoxetine Actor 20mg |
| | | | Prolax 20mg |
| | | | Ranflocs 20mg |
| | | | Zydus-Fluoxetine 20mg |
| | | Sertraline | Dyna Sertraline 50mg; 100mg |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|------------------------------------|---|-------------------------------|--|
| Schizophrenia | Anti-depressants: SSRI's | Sertraline | Serdep 50mg; 100mg |
| | | | Serlife 50mg; 100mg |
| | Anti-epileptics: Carboxamide derivatives | Carbamazepine | Degranol 200mg |
| | | | Tegretol CR 200mg; 400mg |
| | | | Zeptol 200mg |
| | Anti-psychotics: Clozapine | Clozapine | Aspen Clozapine 25mg; 100mg |
| | | | Cloment 25mg; 100mg |
| | Anti-psychotics: Olanzapine | Olanzapine | Olavin 5mg; 10mg |
| | | | Olavin oradispersible 5mg; 10mg |
| | | | Prexolan 5mg; 10mg |
| | | | Prexolan ODT 5mg; 10mg |
| | | | Redilanz 5mg; 10mg |
| | | | Zolanz 5mg; 10mg |
| | Anti-psychotics: Phenothiazines with aliphatic side-chain | Chlorpromazine | Largactil 25mg; 50mg; 100mg |
| | | | |
| | Anti-psychotics: Quetiapine | Quetiapine | Dopaquel 25mg; 100mg; 200mg; 300mg |
| | | | Mylan Quetiapine 25mg; 100mg; 200mg; 300mg |
| | | | Psyquet 25mg; 100mg; 200mg; 300mg |
| | | | Serez 25mg; 100mg; 200mg; 300mg |
| | | | Spec Quetiapine 25mg; 100mg; 200mg; 300mg |
| | | | Zimbiquet 25mg; 100mg; 200mg; 300mg |
| | Anti-psychotics: Thioxanthene derivatives | Flupenthixol | Fluanxol 0.5mg; 1mg |
| | | | Fluanxol depot 1ml 20mg |
| Zuclopenthixol | | Clopixol 2mg; 10mg | |
| | | Clopixol depot 200mg | |
| Other anti-psychotics | Aripiprazole | Arizofy 5mg; 10mg; 15mg | |
| | | | |
| | Risperidone | Risnia 0.5mg; 1mg; 2mg | |
| | | Rispacor 0.5mg; 1mg; 2mg; 3mg | |
| | | Rispevon 1mg; 2mg; 3mg; 4mg | |
| | | Rispide 0.5mg; 1mg; 2mg | |
| Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg | | | |
| Systemic lupus erythematosus (SLE) | Anti-inflammatory agents: Acetic acid derivatives and related substances | Diclofenac | Adco-Diclofenac 50mg |
| | | | A-Lennon Diclofenac 25mg; 50mg |
| | | | Diclofenac Biotech 25mg |
| | | | Mylan Diclofenac 25mg; 50mg |
| | | | Panamor AT 50mg |
| | Indomethacin | | Betacin 25mg |
| | | | Gulf Indomethacin 25mg |
| | | | Methocaps 25mg |

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|---|---|-------------------------------|----------------------------|
| Systemic lupus erythematosus (SLE) | Anti-inflammatory agents: Oxicams | Meloxicam | Adco-Meloxicam 15mg |
| | | | Apex-Meloxicam 7.5mg |
| | | | Flexocam 7.5mg |
| | | | Medoxicam 7.5mg |
| | | | Melzy 7.5mg |
| | | Piroxicam | Pyrocaps 20mg |
| | | | Roxifen 20mg |
| | Anti-inflammatory agents: Propionic acid derivatives | Ibuprofen | Betaprofen 200mg |
| | | | Betaprofen FC 400mg |
| | | | Bren 400mg |
| | | | Ibucine 200mg; 400mg |
| | | | Ibunate 200mg |
| | | | Ibusor 200mg |
| | | Naproxen | Mylan Naproxen 250mg |
| | | | Naproscript 250mg |
| | Anti-rheumatic agents: Chloroquine | Chloroquine | Plasmoquine 200mg |
| | Anti-thrombotic agents: Vitamin K antagonists | Warfarin | Cipla-Warfarin 5mg |
| | Aspirin | Acetylsalicylic acid | Aspirin Teva 80mg |
| | | | Myoprin 100mg |
| | Emollients and protectives: Zinc products | Zinc products | Zinc ointment bp |
| | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | | | Folic acid 5mg |
| | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg |
| | | | Azathioprine PCH 50mg |
| | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg |
| | | | Methotrexate 2.5mg |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| Panafcort 5mg | | | |
| Trolic 5mg | | | |
| Topical Corticosteroids: Group III | Betamethasone | Repivate cream 0.1% | |
| | | Topivate cream 0.1% | |
| | | Vari-Betamethasone cream 0.1% | |
| Ulcerative colitis | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | | | Folic acid 5mg |
| | Intestinal anti-inflammatories: Aminosalicylic acid and similar agents | Mesalazine | Asacol 400mg; 800mg |
| | | | Mezavant 1200mg |
| | | | Pentasa 500mg |



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| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------|---|-------------------|----------------------------|
| Ulcerative colitis | Intestinal anti-inflammatories: Aminosalicylic acid and similar agents | Mesalazine | Pentasa suppository 1000mg |
| | | | Salofalk 1000mg |
| | | Sulfasalazine | Salazopyrin 500mg |
| | | | Salazopyrin EN 500mg |
| | Intestinal anti-inflammatories: Corticosteroids | Budesonide | Entocord enema |
| | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg |
| | | | Azathioprine PCH 50mg |
| | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg |
| | | | Methotrexate 2.5mg |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | Panafcort 5mg |
| Trolic 5mg | | | |

The CDL Enhanced medicine list for Netcare Medical Scheme

| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|---|--|--|---|
| Asthma | Anti-asthmatics: Leukotriene receptor antagonists | Montelukast | Kulair 4mg; 5mg; 10mg |
| | | | Lumont 4mg; 5mg; 10mg |
| | | | Monteflo 4mg; 5mg; 10mg |
| | | | Sintair 4mg; 5mg; 10mg |
| | | | Sintrine 4mg; 5mg; 10mg |
| | | | Topraz 4mg; 5mg; 10mg |
| | Nasal Corticosteroids | Beclomethasone | Beclate aquanase 150 dose 50mcg |
| | | | Clenil aqueous 200 dose 50mcg |
| Fluticasone | | Flomist 120 dose 50mcg | |
| | | Flonase 120 dose 50mcg | |
| Chronic obstructive pulmonary disease (COPD) | Adrenergics: Long acting - Formoterol | Formoterol | Foratec HFA 120 dose 12mcg/dose |
| | Adrenergics: Ultra long acting - Indacaterol | Indacaterol | Onbrez breezhaler (30 caps & inhaler) |
| | Formoterol and Beclomethasone | Formoterol and Beclomethasone | Innuvair 120 dose 100/6mcg |
| | Formoterol and Budesonide | Formoterol and Budesonide | Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg |
| | | | Symbicord turbohaler 120 dose 160/4.5mcg |
| | | | Vannair 120 dose 80/4.5mcg; 160/4.5mcg |
| | Formoterol and Mometasone | Formoterol and Mometasone | Dulera 120 dose 100/5mcg; 200/5mcg |
| | Indacaterol and Glycopyrronium bromide | Indacaterol and Glycopyrronium bromide | Ultibro breezhaler (30 caps & inhaler) |
| | Inhaled anticholinergics: Glycopyrronium bromide | Glycopyrronium bromide | Seebri breezhaler (30 caps & inhaler) |
| | Inhaled anticholinergics: Tiotropium bromide | Tiotropium bromide | Forvent (refill) 18mcg |
| | Salmeterol and Fluticasone | Salmeterol and Fluticasone | Foxair accuhaler 60 dose 50/100; 50/250; 50/500 |
| | | | Sereflo HFA 120 dose 25/50; 25/125; 25/250 |
| | | | Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250 |
| Vilanterol and Fluticasone combinations | Vilanterol and Fluticasone furoate | Relvar ellipta 30 dose 92/22mcg | |
| Chronic renal disease | Hepatitis B vaccine | Hepatitis B, purified antigen | Euvax b vial 1ml 20mcg/1ml |
| | | | Heberbio hbv sgl dose 1ml adult 20mcg/1ml |
| Coronary artery disease | Anti-thrombotic agents: Clopidogrel | Clopidogrel | Clopidogrel 75 Biotech 75mg |
| | | | Clopidogrel Unicorn 75mg |
| | | | Pharma Dynamics Clopidogrel 75mg |
| | | | Plagrol 75mg |
| | | | Zyklot 75mg |



NETCARE MEDICAL SCHEME
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| Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|--|--|----------------------------|--|
| Diabetes mellitus Type 2 | Anti-diabetic agents: Oral drug combinations | Metformin and Vildagliptin | Jalramet 50/850mg; 50/1000mg |
| | Anti-diabetic agents: Other, excluding Insulins: Exenatide | Exenatide | Byetta disposable pen 1.2ml 60 dose 5mcg/dose |
| | | | Byetta disposable pen 2.4ml 60 dose 10mcg/dose |
| | Dipeptidyl peptidase inhibitors: Saxagliptin | Saxagliptin | Onglyza 2.5mg; 5mg |
| Dipeptidyl peptidase inhibitors: Vildagliptin | Vildagliptin | Jalra 50mg | |
| Rheumatoid arthritis | Anti-inflammatory agents: Coxibs | Celecoxib | Celecoxib Unicorn 100mg; 200mg |
| | | | Coxleon 100mg; 200mg |
| Systemic lupus erythematosus (SLE) | Anti-inflammatory agents: Coxibs | Celecoxib | Celecoxib Unicorn 100mg; 200mg |
| | | | Coxleon 100mg; 200mg |

The non-CDL medicine list for Netcare Medical Scheme

| Non-Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength | |
|---|-----------------------------------|---------------------------------|--------------------------------|---------------------------|
| Depression | Anti-depressants: SSRI's | Citalopram | Acti-lift 20mg | |
| | | | Adco-Talomil 20mg | |
| | | | Arrow Citalopram 40mg | |
| | | | Cilate 20mg | |
| | | | Ciloram 20mg | |
| | | | Citalopram-Winthrop 20mg | |
| | | | Recita 20mg | |
| | | Escitalopram | Accord Escitalopram 10mg; 20mg | |
| | | | Dolin 10mg; 20mg | |
| | | | Marprem 20mg | |
| | | Fluoxetine | Deprozan 20mg | |
| | | | Fluoxetine Actor 20mg | |
| | | | Prolax 20mg | |
| | | | Ranflocs 20mg | |
| | | | Zydus-Fluoxetine 20mg | |
| | | Paroxetine | Adco-Paroxetine 20mg | |
| | | | Austell-Paroxetine 20mg | |
| | | | Lenio 20mg | |
| | | | Paroxetine Unicorn 20mg | |
| | | | Serrapress 20mg | |
| | | | Texine 20mg | |
| | | | Xet 20mg | |
| | | Sertraline | Dyna Sertraline 50mg; 100mg | |
| | | | Serdep 50mg; 100mg | |
| | | | Serlife 50mg; 100mg | |
| | | | Zylin 50mg | |
| | | Anti-depressants: Tricyclics | Amitriptyline | Gulf Amitriptyline 25mg |
| | | | | Sandoz Amitriptyline 25mg |
| | Trepiline 10mg | | | |
| | Other anti-depressants: SNRI's | Duloxetine | DRL Duloxetine 30mg; 60mg | |
| | | | Yelate 30mg; 60mg | |
| | | Venlafaxine | Efegen XR 75mg; 150mg | |
| Sandoz Venlafaxine XL 75mg; 150mg | | | | |
| Venlafaxine Adco 75mg; 150mg | | | | |
| Venlafaxine Unicorn XR 75mg; 150mg | | | | |
| Venlor XR 75mg; 150mg | | | | |
| Anti-epileptics: Carboxamide derivatives | Carbamazepine | Degranol 200mg | | |
| | | Tegretol CR 200mg; 400mg | | |
| | | Zeptol 200mg | | |



NETCARE MEDICAL SCHEME
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| Non-Chronic Disease List condition | Medicine class | Active ingredient | Medicine name and strength |
|------------------------------------|--|-------------------|--|
| Depression | Anti-epileptics: Fatty acid derivatives | Valproic acid | Convulex 150mg |
| | | | Convulex syrup 250mg/5ml |
| | | | Epilim crushable 100mg |
| | | | Epilim sugar-free syrup 200mg/5ml |
| | | | Eprolep CR 200mg; 300mg; 500mg |
| | | | Navalpro CR 200mg; 300mg; 500mg |
| | | | Valeptic CR 300mg; 500mg |
| | Anti-epileptics: Other agents | Lamotrigine | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg |
| | | | Epitec 25mg; 50mg; 100mg; 200mg |
| | | | Girotec 50mg; 100mg; 200mg |
| | | | Lamitor 25mg; 50mg; 100mg; 200mg |
| | | | Serinem 25mg; 50mg; 100mg; 200mg |
| | Anti-psychotics: Olanzapine | Olanzapine | Olawin 5mg; 10mg |
| | | | Olawin oradispersible 5mg; 10mg |
| | | | Olexar 5mg; 10mg |
| | | | Prexolan 5mg; 10mg |
| | | | Prexolan ODT 5mg; 10mg |
| | | | Redilanz 5mg; 10mg |
| | | | Zolanz 5mg; 10mg |
| | | | Zylena 5mg; 10mg |
| | Anti-psychotics Quetiapine | Quetiapine | Dopaquel 25mg; 100mg; 200mg; 300mg |
| | | | Mylan Quetiapine 25mg; 100mg; 200mg; 300mg |
| | | | Psyquet 25mg; 100mg; 200mg; 300mg |
| | | | Serez 25mg; 100mg; 200mg; 300mg |
| | | | Spec Quetiapine 25mg; 100mg; 200mg; 300mg |
| | Anti-psychotics: Thioxanthene derivatives | Flupenthixol | Fluanxol 0.5mg; 1mg |
| | | | Fluanxol depot 1ml 20mg |
| | Other anti-psychotics | Risperidone | Perizal 0.5mg; 1mg; 2mg; 3mg |
| | | | Risnia 0.5mg; 1mg; 2mg; 3mg |
| | | | Rispacor 0.5mg; 1mg; 2mg; 3mg |
| Rispevon 1mg; 2mg; 3mg; 4mg | | | |
| Rispide 0.5mg; 1mg; 2mg | | | |
| Risponz 1mg; 2mg | | | |
| Zoxadon 0.5mg; 1mg; 2mg, 3mg, 4mg | | | |

Complaints process

You may lodge a complaint or query with Netcare Medical Scheme directly on 0861 638 633 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Netcare Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.com / www.medicalschemes.com