

Advanced Illness Benefit application form

(To be completed by treating doctor)



Contact details

Tel: 0861 638 633 • PO Box 652509, Benmore 2010 • www.netcaremedicalscheme.co.za

Who we are

Netcare Medical Scheme (referred to as "the Scheme"), registration number 1584, is a non-profit organisation, registered with the Council for Medical Schemes. When completing this form, you are applying for a dependant to become a member of Netcare Medical Scheme.

Discovery Health (Pty) Ltd (referred to as 'the administrator') is a separate company and an authorised financial services provider (registration number 1997/013480/07). Discovery Health (Pty) Ltd administers Netcare Medical Scheme.

Purpose of the form

This form is to apply for palliative care through the Advanced Illness Benefit (AIB) for both advanced oncology (cancer) or for non-oncology illness care.

How to complete this form

1. Please use one letter per block, complete in black ink and print clearly.
2. To avoid administration delays, please ensure this application is completed in full and signed by both the doctor and the member (or their proxy).
3. Fill in section 1 to 3 of the application form and sign section 11.
4. Take the form to your treating doctor to complete section 4 to 11. Only applications signed by the treating doctor will be accepted.
5. Please return the completed application form to us by email to AIB@netcaremedicalscheme.co.za
6. The treating doctor and the patient will receive a letter informing them of our decision and what to do next for approved requests.
7. If you wish to appeal a decision or if you have any questions, you may call our call centre.

Date of application

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1. About the patient

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2. About the patient's next-of-kin

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Other supportive treatment

Social Worker	<input type="checkbox"/>	Please specify	<input type="text"/>
Counselling	<input type="checkbox"/>	Please specify	<input type="text"/>
Home Nursing (excluding frail care)	<input type="checkbox"/>	Please specify	<input type="text"/>
Oxygen	<input type="checkbox"/>	Please specify	<input type="text"/>
Hospice	<input type="checkbox"/>	Please specify	<input type="text"/>
Referral to palliative care doctor	<input type="checkbox"/>	Please specify	<input type="text"/>
Equipment (subject to plan type and review)	<input type="checkbox"/>	Please specify	<input type="text"/>
Other	<input type="checkbox"/>	Please specify	<input type="text"/>

Planned date of next assessment

11. Other treating doctors

Name	Speciality	Phone	Email

I understand what the Advanced Illness Benefit can offer to the patient and that he/she is comfortable to proceed with registration.

Doctor's signature

Date

By signing consent, I give permission for the identified next-of-kin to be contacted in order for us to assist with the patient's healthcare needs. I understand that as the patient's condition changes, other care treatment plans may be introduced and I give permission for other multidisciplinary healthcare providers to be contacted.

Member/patient or third party/proxy signature on behalf of the member

Date

ECOG Performance Status¹	Karnofsky Performance Status²
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0 — Fully active, able to carry on all pre-disease performance without restriction	100 — Normal, no complaints; no evidence of disease 90 — Able to carry on normal activity; minor signs or symptoms of disease
1 — Restricted in physically strenuous activity but ambulatory and able to carry out work of a light or sedentary nature, e.g. light house work, office work	80 — Normal activity with effort, some signs or symptoms of disease 70 — Cares for self but unable to carry on normal activity or to do active work
2 — Ambulatory and capable of all self-care but unable to carry out any work activities; up and about more than 50% of waking hours	60 — Requires occasional assistance but is able to care for most of personal needs 50 — Requires considerable assistance and frequent medical care

Please note that this form expires on 31/03/2025. Up to date forms are available on www.netcaremedicalscheme.co.za.

ECOG Performance Status ¹	Karnofsky Performance Status ²
3 — Capable of only limited self-care; confined to bed or chair more than 50% of waking hours	40 — Disabled; requires special care and assistance 30 — Severely disabled; hospitalisation is indicated although death not imminent
4 — Completely disabled; cannot carry on any self-care; totally confined to bed or chair	20 — Very ill; hospitalisation and active supportive care necessary 10 — Moribund
5 — Dead	0 — Dead

Karnofsky Performance Status (recipient age ≥ 16 years) ²	Lansky Scale (recipient age > 1 year and < 16 years) ³
Able to carry on normal activity, no special care is needed	Able to carry on normal activity, no special care is needed
100 — Normal, no complaints; no evidence of disease	100 — Fully active
90 — Able to carry on normal activity; minor signs or symptoms of disease	90 — Minor restriction in physically strenuous play
80 — Normal activity with effort; some signs or symptoms of disease	80 — Restricted in strenuous play, tires more easily, otherwise active
Unable to work, able to live at home, cares for most personal needs, a varying amount of assistance is needed	Mild to moderate restriction
70 — Cares for self but unable to carry on normal activity or to do active work	70 — Both greater restrictions of, and less time spent in active play
60 — Requires occasional assistance but is able to care for most of personal needs	60 — Ambulatory up to 50% of time, limited active play with assistance/supervision
50 — Requires considerable assistance and frequent medical care	50 — Considerable assistance required for any active play, fully able to engage in quiet play
Unable to care for self, requires equivalent of institutional or hospital care, disease may be progressing rapidly	Moderate to severe restriction
40 — Disabled, requires special care and assistance	40 — Able to initiate quiet activities
30 — Severely disabled, hospitalisation is indicated, although death not imminent	30 — Needs considerable assistance for quiet activity
20 — Very ill, hospitalisation and active supportive care necessary	20 — Limited to very passive activity initiated by others (e.g. TV)
10 — Moribund, fatal process progressing rapidly	10 — Completely disabled, not even passive play

1. Sørensen J, Klee M, Palshof T, Hansen H. Performance status assessment in cancer patients. An inter-observer variability study. *British journal of cancer*. 1993;67(4):773.
2. Schag CC, Heinrich RL, Ganz P. Karnofsky performance status revisited: reliability, validity, and guidelines. *Journal of Clinical Oncology*. 1984;2(3):187-93.
3. Lansky SB, List MA, Lansky LL, Ritter-Sterr C, Miller DR. The measurement of performance in childhood cancer patients. *Cancer*. 1987;60(7):1651-6.