

Chronic Illness Benefit medicine list (formulary) 2018

Who we are

Netcare Medical Scheme (referred to as 'the Scheme'), registration number 1584, is a non-profit organisation, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the administrator"), is a separate company and an authorised financial services provider (registration number 1997/013480/07), that administers the Netcare Medical Scheme.

Contact details

You can call us on 0861 638 633 or visit www.netcaremedicalscheme.co.za for more information.

Important information you need to know

We may change the information contained in this document from time to time. We will communicate any changes to the way we pay medicines when we make these changes.

The Chronic Illness Benefit (CIB) is managed by Netcare Medical Scheme Rules. The use of the benefits and programmes linked with the Chronic Illness Benefit are subject to specific conditions and rules. Members must make sure that they know these rules and conditions. The Netcare Medical Scheme Rules can be accessed on www.netcaremedicalscheme.co.za.

Any instructions or advice on medicines and the management of the member's condition are intended to add to, and not replace, the knowledge, expertise, skill and judgement of the member's doctor, pharmacist or other healthcare professional.

Netcare Medical Scheme reserves the right to change the benefit at any time.

The Chronic Illness Benefit (CIB) covers a comprehensive list of chronic conditions that includes asthma, diabetes, high cholesterol and high blood pressure. The Chronic Disease List (CDL) is a defined list of chronic conditions we cover according to the Prescribed Minimum Benefits.

You have full cover for approved medicine on the Scheme's medicine list. Approved medicine not on the medicine list will be funded up to the Maximum Medical Aid Price (MMAP).

For more information call us on 0861 638 633 or visit us at www.netcaremedicalscheme.co.za.

About some of the terms we use in this document

There may be some terms we refer to in the document that you may not be familiar with. Here are the meanings of these terms.

| Terminology | Description |
|---|---|
| Benefit year | A benefit year refers to the benefits a member is entitled to during a calendar year, that is to say 1 January to 31 December. This medicine list (formulary) is applicable for 2018 only. |
| Prescribed Minimum Benefit (PMB) conditions | <p>In terms of the Medical Schemes Act of 1998 (Act number 131 of 1998) and its regulations, all medical schemes have to cover the costs related to the diagnosis, treatment and care of any life-threatening emergency medical condition, a defined set of 270 diagnoses and 27 chronic conditions. These conditions and their treatments are known as the Prescribed Minimum Benefits (PMB).</p> <p>All medical schemes in South Africa have to include the Prescribed Minimum Benefits in the health plans they offer to their members. There are, however, certain requirements that a member must meet before he or she can benefit from the Prescribed Minimum Benefits. The three requirements are:</p> <ul style="list-style-type: none"> • The condition must be part of the list of defined PMB conditions • The treatment needed must match the treatments in the defined benefits on the PMB list • Members must use the scheme's designated healthcare service providers. |
| Chronic Disease List (CDL) | A defined list of chronic conditions we cover according to the Prescribed Minimum Benefits. |
| Medicine class | This describes medicines that have similar chemical structures or similar therapeutic effects. |
| Active ingredient | This is the main substance in a medicine that is responsible for the clinical action on a human body. |

The Prescribed Minimum Benefit (PMB) Chronic Disease List (CDL) medicine list (formulary)

The PMB CDL medicine list applies to Netcare Medical Scheme for the 2018 benefit year.

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--|--|---|---|
| Addison's disease | Systemic Corticosteroids: Hydrocortisone | Hydrocortisone | Covocort 10mg |
| | Systemic Corticosteroids: Mineralocorticoids | Fludrocortisone | Florinef acetate 0.1mg |
| Asthma | Adrenergics: Long acting - Formoterol | Formoterol | Foratec HFA 120 dose 12mcg/1dose |
| | Adrenergics: Long acting - Salmeterol | Salmeterol | Serevent accuhaler 60 dose 50mcg |
| | | | Serevent CFC free 120 dose 25mcg |
| | Adrenergics: Short acting - Salbutamol | Salbutamol | Asthavent ecohaler 200 dose 100mcg |
| | | | Venteze CFC free 200 dose 100mcg |
| | Anti-asthmatics: Leukotriene receptor antagonists | Montelukast | Lumont 4mg; 5mg; 10mg |
| | | | Monteflo 4mg; 5mg; 10mg |
| | | | Sintair 4mg; 5mg; 10mg |
| | | | Topraz 4mg; 5mg; 10mg |
| | Anti-asthmatics: Systemic xanthines | Theophylline | Sandoz Theophylline anhydrous 200mg; 300mg |
| | Formoterol and Budesonide | Formoterol and Budesonide | Symbicord turbohaler 60 dose 160/4.5mcg; 320/9mcg |
| | | | Symbicord turbohaler 120 dose 160/4.5mcg |
| | | | Vannair 120 dose 80/4.5mcg; 160/4.5mcg |
| | Formoterol and Mometasone | Formoterol and Mometasone | Dulera 120 dose 100/5mcg; 200/5mcg |
| | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide | Atrovent HFA 200 dose 20mcg |
| | | | Ipvent HFA 200 dose 40mcg/1dose |
| | Inhaled Glucocorticoids | Beclomethasone | Beceze CFC free 200 dose 100mcg |
| | | | Beclate 200 dose 100mcg; 200mcg |
| | | Budesonide | Budeflam HFA 300 dose 100mcg; 200mcg |
| | | | Inflammide novolizer complete 200 dose 200mcg |
| | | | Inflammide novolizer complete 100 dose 400mcg |
| Inflammide novolizer refill 200 dose 200mcg | | | |
| Inflammide novolizer refill 100 dose 400mcg | | | |
| Pulmicort turbuhaler 200 dose 100mcg; 200mcg | | | |
| Ciclesonide | | | Ciclovent 60 dose 80mcg; 160mcg |
| Fluticasone | | Flixotide CFC free 120 dose 50mcg; 125mcg; 250mcg | |
| Mometasone | | Asmanex twisthaler 30 dose 200mcg/1dose; 400mcg/1dose | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------------|---|---|--|
| Asthma | Inhaled Glucocorticoids | Mometasone | Asmanex twisthaler 60 dose 200mcg/1dose; 400mcg/1dose |
| | Nasal Corticosteroids | Beclomethasone | Beclate aquanase 150 dose 50mcg |
| | | | Clenil aqueous 200 dose 50mcg |
| | | Fluticasone | Flomist 120 dose 50mcg |
| | | | Flonase 120 dose 50mcg |
| | Salmeterol and Fluticasone | Salmeterol and Fluticasone | Foxair accuhaler 50/100; 50/250; 50/500 60 dose |
| | | | Sereflo HFA 120 dose 25/50; 25/125; 25/250 |
| | | | Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250 |
| | Surgical item | Inhaler device | Dp haler device |
| | | | Spacer Glaxohaler |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | Panafcort 5mg |
| | | | Trolic 5mg |
| Bipolar mood disorder | Anti-depressants: SSRI's | Citalopram | Adco-Talomil 20mg |
| | | | Arrow Citalopram 40mg |
| | | | Bio Citalopram 20mg |
| | | | Cilate 20mg |
| | | Escitalopram | Accord Escitalopram 10mg; 20mg |
| | | | Zitolex 10mg; 20mg |
| | | | Zytomil 10mg; 20mg |
| | | Fluoxetine | Deprozan 20mg |
| | | | Fluoxetine Actor 20mg |
| | | | Prolax 20mg |
| | | | Ranflocs 20mg |
| | | Sertraline | Dyna Sertraline 50mg; 100mg |
| | Serdep 50mg; 100mg | | |
| | Serlife 50mg; 100mg | | |
| | Anti-epileptics: Carboxamide derivatives | Carbamazepine | Degranol 200mg |
| | | | Tegretol CR 200mg; 400mg |
| | | | Zeptol 200mg |
| | Anti-epileptics: Fatty acid derivatives | Valproic acid | Convulex 150mg |
| | | | Convulex syrup 250mg/5ml |
| | | | Epilim crushable 100mg |
| | | | Epilim sugar-free syrup 200mg/5ml |
| | | | Epilazine CR 200mg; 300mg; 500mg |
| | | | Eprolep CR 200mg; 300mg; 500mg |
| Navalpro CR 200mg; 300mg; 500mg | | | |
| Valeptic CR 300mg; 500mg | | | |
| Anti-epileptics: Other agents | Lamotrigine | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg | |
| | | Epitec 25mg; 50mg; 100mg; 200mg | |
| | | Girotec 50mg; 100mg; 200mg | |
| | | Lamidus 50mg | |



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| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------------|--|-----------------------------------|--|
| Bipolar mood disorder | Anti-epileptics: Other agents | Lamotrigine | Lamitor 25mg; 50mg; 100mg; 200mg |
| | Anti-psychotics: Clozapine | Clozapine | Aspen Clozapine 25mg; 100mg |
| | | | Cloment 25mg; 100mg |
| | Anti-psychotics: Lithium | Lithium | Camcolit 250mg; 400mg |
| | Anti-psychotics: Olanzapine | Olanzapine | Olawin 5mg; 10mg |
| | | | Olawin oradispersible 5mg; 10mg |
| | | | Olexar 5mg; 10mg |
| | | | Prexolan ODT 5mg; 10mg |
| | | | Redilanz 5mg; 10mg |
| | | | Zylena 5mg; 10mg |
| | Anti-psychotics: Phenothiazines with aliphatic side-chain | Chlorpromazine | Largactil 25mg; 100mg |
| | Anti-psychotics: Quetiapine | Quetiapine | Dopaquel 25mg; 100mg; 200mg; 300mg |
| | | | Mylan Quetiapine 25mg; 100mg; 200mg; 300mg |
| | | | Psyquet 25mg; 100mg; 200mg; 300mg |
| | | | Quetiapine Biotech 25mg; 100mg; 200mg; 300mg |
| | | | Quetoser 25mg; 100mg; 200mg; 300mg |
| | | | Serez 25mg; 100mg; 200mg; 300mg |
| | | | Spec Quetiapine 25mg; 100mg; 200mg; 300mg |
| | Anti-psychotics: Thioxanthene derivatives | Flupenthixol | Fluanxol 0.5mg; 1mg |
| | | | Fluanxol depot 1ml 20mg |
| | | | Fluanxol depot 2ml 40mg |
| Zuclopenthixol | | Clopixol 2mg; 10mg | |
| | | Clopixol depot 200mg | |
| Other anti-psychotics | Risperidone | Perizal 0.5mg; 1mg; 2mg; 3mg | |
| | | Risnia 0.5mg; 1mg; 2mg; 3mg | |
| | | Rispacor 0.5mg; 1mg; 2mg; 3mg | |
| | | Rispevon 1mg; 2mg; 3mg; 4mg | |
| | | Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg | |
| Bronchiectasis | Adrenergics: Short acting - Salbutamol | Salbutamol | Asthavent ecohaler 200 dose 100mcg |
| | | | Venteze CFC free 200 dose 100mcg |
| | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide | Atrovent HFA 200 dose 20mcg |
| | | | Ipvent HFA 200 dose 40mcg/1dose |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | Panafcort 5mg |
| | | | Trolic 5mg |
| Cardiac failure | ACE inhibitors and diuretics | Enalapril and diuretics | Enap co 20/12.5mg |
| | | | Pharmapress co 20/12.5mg |
| | Lisinopril and diuretics | Lisinopril and diuretics | Adco-Zetomax co 10/12.5mg; 20/12.5mg |
| | | | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg |
| | | | Lisoretic 10/12.5mg; 20/12.5mg |
| | | | Lisozide 10/12.5mg; 20/12.5mg |
| | | | Lisozide 10/12.5mg; 20/12.5mg |



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| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength | |
|--|---|--------------------------------|--|---|
| Cardiac failure | ACE inhibitors and diuretics | Lisinopril and diuretics | Zestoretic 10/12.5mg; 20/12.5mg | |
| | | Perindopril and diuretics | Bioprexum Plus 10/2.5mg | |
| | | | Ciplasyl Plus 4/1.25mg | |
| | | | Pearinda Plus 4/1.25mg | |
| | | | Perindopril co Unicorn 4/1.25mg | |
| | | | Prexum Plus 5/1.25mg | |
| | | | Vectoryl Plus 4/1.25mg | |
| | ACE inhibitors: Plain | Captopril | Adco-Captomax 25mg; 50mg | |
| | | | Bio-Captopril 25mg | |
| | | | Mylan Captopril 25mg; 50mg | |
| | | Enalapril | Alapren 5mg; 10mg; 20mg | |
| | | | Enalapril Biotech 5mg; 10mg; 20mg | |
| | | | Enalapril Unicorn 10mg; 20mg | |
| | | | Envas 5mg; 10mg | |
| | | | Hypace 5mg | |
| | | | Lisinopril | Austell-Lisinopril 10mg; 20mg |
| | | Sinopren 5mg; 10mg; 20mg | | |
| | | Perindopril | Ciplasyl 4mg; 8mg | |
| | | | Pearinda 4mg; 8mg | |
| | | | Perindopril Unicorn 4mg; 8mg | |
| | | | Prexum 5mg | |
| | | | Ran-Perindopril 4mg | |
| | | | Spec-Perindopril 4mg; 8mg | |
| | | Quinapril | Accumax 10mg; 20mg | |
| | | Alpha and Beta blocking agents | Carvedilol | Aspen Carvedilol 6.25mg; 12.5mg; 25mg |
| | | | | Carloc 6.25mg; 12.5mg; 25mg |
| | | | | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg |
| | Carvetrend 6.25mg; 12.5mg; 25mg | | | |
| | Vediblok 6.25mg; 12.5mg; 25mg | | | |
| | Angiotensin II antagonists: Combinations | Losartan and diuretics | Hytenza co 50/12.5mg | |
| | | | Losaar Plus 50/12.5mg; 100/25mg | |
| | | | Losacar co 50/12.5mg | |
| | | | Losartan co Unicorn 50/12.5mg; 100/25mg | |
| | | | Netrasol co 50/12.5mg; 100/25mg | |
| | | | Zartan co 50/12.5mg; 100/25mg | |
| | | Valsartan and diuretics | Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg | |
| | Angiotensin II antagonists: Plain | Irbesartan | Dynarb 150mg; 300mg | |
| | | Losartan | Ciplazar 100mg | |
| | | | Losartan Unicorn 100mg | |
| | | | Spec-Losartan 100mg | |
| | | | Zartan 100mg | |
| Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives | Hydralazine | Hyperphen 10mg; 50mg | | |
| | | Sandoz Hydralazine 25mg | | |



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| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------------|--|---------------------------------------|---|
| Cardiac failure | Beta blocking agents: Selective | Bisoprolol | Adco-Bisacor 5mg; 10mg |
| | | | Betacor 5mg; 10mg |
| | | | Bilocor 5mg; 10mg |
| | | | Bislo 5mg; 10mg |
| | | | Bisoprolol Unichem 5mg; 10mg |
| | | | Bisoprolol Unicorn 5mg; 10mg |
| | | | Bisoprolol Zydus 5mg; 10mg |
| | | | Mylan Bisoprolol 5mg; 10mg |
| | | | Retocar 5mg; 10mg |
| | Ziapro 5mg; 10mg | | |
| | Cardiac glycosides: Digoxin | Digoxin | Lanoxin 0.0625mg; 0.25mg |
| | | | Lanoxin paediatric/geriatric syrup 0.05mg/1ml |
| | High-ceiling diuretics | Furosemide | Dino-Retic 40mg |
| | | | Diuresix 40mg |
| | | | Furobe 40mg |
| | | | Mylan Furosemide 40mg |
| | Low-ceiling diuretics: Thiazides, plain | Hydrochlorothiazide | Hexazide 25mg |
| | | | Ridaq 12.5mg |
| | Low-ceiling diuretics: excluding Thiazides | Indapamide | Cipla-Indapamide 2.5mg |
| | | | Daptril 2.5mg |
| | | | Mylan Indapamide 2.5mg |
| | Potassium sparing agents | Spironolactone | Aldactone 25mg |
| | | | Sandoz Spironolactone 25mg |
| | | | Spiractin 25mg |
| | Potassium supplements | Potassium chloride | Plenish K 600mg |
| | | | Potassium Chloride Unicorn 600mg |
| | | | Sandoz K-600 600mg |
| | | | Ultipot 600mg |
| | Vasodilators in cardiac disease: Organic nitrates | Glyceryl trinitrate | Angised 0.5mg |
| | | Isosorbide dinitrate | Isordil 30mg |
| | | | Sandoz Isosorbide dinitrate 5mg; 10mg |
| | | Isosorbide mononitrate | Elantan 20mg |
| Elantan LA 50mg | | | |
| Monicor SR 60mg | | | |
| Influenza vaccines | Influenza, purified antigen | Influvac 0.5ml | |
| | | Vaxigrip single dose 0.5ml pre-filled | |
| Pneumococcus vaccines | Pneumococcus, purified polysaccharides antigen | Imovax pneumo 23 | |
| Cardiomyopathy | ACE inhibitors and diuretics | Enalapril and diuretics | Enap co 20/12.5mg |
| | | | Pharmapress co 20/12.5mg |
| | Lisinopril and diuretics | | Adco-Zetomax co 10/12.5mg; 20/12.5mg |
| | | | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg |
| | | | Lisoretic 10/12.5mg; 20/12.5mg |
| | | | Lisozide 10/12.5mg; 20/12.5mg |



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| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength | |
|--|---|--------------------------------|--|---|
| Cardiomyopathy | ACE inhibitors and diuretics | Lisinopril and diuretics | Zestoretic 10/12.5mg; 20/12.5mg | |
| | | Perindopril and diuretics | Bioprexum Plus 10/2.5mg | |
| | | | Ciplasyl Plus 4/1.25mg | |
| | | | Pearinda Plus 4/1.25mg | |
| | | | Perindopril co Unicorn 4/1.25mg | |
| | | | Prexum Plus 5/1.25mg | |
| | | | Vectoryl Plus 4/1.25mg | |
| | ACE inhibitors: Plain | Captopril | Adco-Captomax 25mg; 50mg | |
| | | | Bio-Captopril 25mg | |
| | | | Mylan Captopril 25mg; 50mg | |
| | | Enalapril | Alapren 5mg; 10mg; 20mg | |
| | | | Enalapril Biotech 5mg; 10mg; 20mg | |
| | | | Enalapril Unicorn 10mg; 20mg | |
| | | | Envas 5mg; 10mg | |
| | | | Hypace 5mg | |
| | | | Lisinopril | Austell-Lisinopril 10mg; 20mg |
| | | Sinopren 5mg; 10mg; 20mg | | |
| | | Perindopril | Ciplasyl 4mg; 8mg | |
| | | | Pearinda 4mg; 8mg | |
| | | | Perindopril Unicorn 4mg; 8mg | |
| | | | Prexum 5mg | |
| | | | Ran-Perindopril 4mg | |
| | | | Spec-Perindopril 4mg; 8mg | |
| | | Quinapril | Accumax 10mg; 20mg | |
| | | Alpha and Beta blocking agents | Carvedilol | Aspen Carvedilol 6.25mg; 12.5mg; 25mg |
| | | | | Carloc 6.25mg; 12.5mg; 25mg |
| | | | | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg |
| | Carvetrend 6.25mg; 12.5mg; 25mg | | | |
| | Vediblok 6.25mg; 12.5mg; 25mg | | | |
| | Angiotensin II antagonists: Combinations | Losartan and diuretics | Hytenza co 50/12.5mg | |
| | | | Losaar Plus 50/12.5mg; 100/25mg | |
| | | | Losacar co 50/12.5mg | |
| | | | Losartan co Unicorn 50/12.5mg; 100/25mg | |
| | | | Netrasol co 50/12.5mg; 100/25mg | |
| | | | Zartan co 50/12.5mg; 100/25mg | |
| | | Valsartan and diuretics | Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg | |
| | Angiotensin II antagonists: Plain | Irbesartan | Dynarb 150mg; 300mg | |
| | | Losartan | Ciplazar 100mg | |
| | | | Losartan Unicorn 100mg | |
| | | | Spec-Losartan 100mg | |
| | | | Zartan 100mg | |
| Anti-thrombotic agents: Vitamin K antagonists | Warfarin | Cipla-Warfarin 1mg; 5mg | | |



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| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--|--|---------------------------------------|---|
| Cardiomyopathy | Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives | Hydralazine | Hyperphen 10mg; 50mg |
| | | | Sandoz Hydralazine 25mg |
| | Aspirin | Acetylsalicylic acid | Myoprin 100mg |
| | Beta blocking agents: Selective | Bisoprolol | Adco-Bisacor 5mg; 10mg |
| | | | Betacor 5mg; 10mg |
| | | | Bilocor 5mg; 10mg |
| | | | Bislo 5mg; 10mg |
| | | | Bisoprolol Unichem 5mg; 10mg |
| | | | Bisoprolol Unicorn 5mg; 10mg |
| | | | Bisoprolol Zydus 5mg; 10mg |
| | | | Mylan Bisoprolol 5mg; 10mg |
| | | | Retocar 5mg; 10mg |
| | | | Ziapro 5mg; 10mg |
| | Cardiac glycosides: Digoxin | Digoxin | Lanoxin 0.0625mg; 0.25mg |
| | | | Lanoxin paediatric/geriatric syrup 0.05mg/1ml |
| | High-ceiling diuretics | Furosemide | Dino-Retic 40mg |
| | | | Diuresix 40mg |
| | | | Furobe 40mg |
| | | | Mylan Furosemide 40mg |
| | Low-ceiling diuretics: Thiazides, plain | Hydrochlorothiazide | Hexazide 25mg |
| | | | Ridaq 12.5mg |
| | Low-ceiling diuretics: excluding Thiazides | Indapamide | Cipla-Indapamide 2.5mg |
| | | | Dapril 2.5mg |
| | | | Mylan Indapamide 2.5mg |
| | Potassium sparing agents | Spironolactone | Aldactone 25mg |
| | | | Sandoz Spironolactone 25mg |
| | | | Spiractin 25mg |
| | Potassium supplements | Potassium chloride | Plenish K 600mg |
| | | | Potassium Chloride Unicorn 600mg |
| | | | Sandoz K-600 600mg |
| Ultipot 600mg | | | |
| Vasodilators in cardiac disease: Organic nitrates | Glyceryl trinitrate | Angised 0.5mg | |
| | Isosorbide dinitrate | Isordil 30mg | |
| | | Sandoz Isosorbide dinitrate 5mg; 10mg | |
| | Isosorbide mononitrate | Elantan 20mg | |
| | | Elantan LA 50mg | |
| Monicor SR 60mg | | | |
| Influenza vaccines | Influenza, purified antigen | Influvac 0.5ml | |
| | | Vaxigrip single dose 0.5ml pre-filled | |
| Pneumococcus vaccines | Pneumococcus, purified polysaccharides antigen | Imovax pneumo 23 | |
| Chronic obstructive pulmonary disease (COPD) | Adrenergics: Long acting - Formoterol | Formoterol | Foratec HFA 120 dose 12mcg/1dose |



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| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--|---|---------------------------------------|---|
| Chronic obstructive pulmonary disease (COPD) | Adrenergics: Short acting - Salbutamol | Salbutamol | Asthavent ecohaler 200 dose 100mcg |
| | | | Venteze CFC free 200 dose 100mcg |
| | Adrenergics: Ultra long acting - Indacaterol | Indacaterol | Onbrez breezhaler 150mcg |
| | Anti-asthmatics: Systemic xanthines | Theophylline | Sandoz Theophylline anhydrous 200mg; 300mg |
| | Formoterol and Budesonide | Formoterol and Budesonide | Symbicord turbohaler 160/4.5mcg; 320/9mcg 60 dose |
| | | | Symbicord turbohaler 160/4.5mcg 120 dose |
| | | | Vannair 80/4.5mcg; 160/4.5mcg 120 dose |
| | Formoterol and Mometasone | Formoterol and Mometasone | Dulera 100/5mcg; 200/5mcg 120 dose |
| | Inhaled anticholinergics: Glycopyrronium bromide | Glycopyrronium bromide | Seebri breezhaler (30 caps & inhaler) |
| | Inhaled anticholinergics: Ipratropium bromide | Ipratropium bromide | Atrovent HFA 200 dose 20mcg |
| | | | Ipvent HFA 200 dose 40mcg/1dose |
| | Inhaled anticholinergics: Tiotropium bromide | Tiotropium bromide | Forvent (refill) 18mcg |
| | Salbutamol and Ipratropium bromide | Salbutamol and Ipratropium bromide | Duolin HFA 200 dose |
| | Salmeterol and Fluticasone | Salmeterol and Fluticasone | Foxair accuhaler 50/100; 50/250; 50/500 60 dose |
| | | | Sereflo HFA 120 dose 25/50; 25/125; 25/250 |
| | | | Sereflo HFA synchrobreathe 120 dose 25/50; 25/125; 25/250 |
| | Surgical item: Oxygen concentrator | Oxygen | Dummy NAPPI for oxygen |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | Panafcort 5mg |
| | | | Trolic 5mg |
| Influenza vaccines | Influenza, purified antigen | Influvac 0.5ml | |
| | | Vaxigrip single dose 0.5ml pre-filled | |
| Chronic renal disease | ACE inhibitors and diuretics | Enalapril and diuretics | Enap co 20/12.5mg |
| | | | Pharmapress co 20/12.5mg |
| | Lisinopril and diuretics | Lisinopril and diuretics | Adco-Zetomax co 10/12.5mg; 20/12.5mg |
| | | | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg |
| | | | Lisoretic 10/12.5mg; 20/12.5mg |
| | | | Lisozide 10/12.5mg; 20/12.5mg |
| | | | Zestoretic 10/12.5mg; 20/12.5mg |
| | Perindopril and diuretics | Perindopril and diuretics | Bioprexum Plus 10/2.5mg |
| | | | Ciplasyl Plus 4/1.25mg |
| | | | Pearinda Plus 4/1.25mg |
| | | | Perindopril co Unicorn 4/1.25mg |
| | | | Prexum Plus 5/1.25mg |
| | | | Vectoryl Plus 4/1.25mg |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------------|---|--|---|
| Chronic renal disease | ACE inhibitors: Plain | Captopril | Adco-Captomax 25mg; 50mg |
| | | | Bio-Captopril 25mg |
| | | | Mylan Captopril 25mg; 50mg |
| | | Enalapril | Alapren 5mg; 10mg; 20mg |
| | | | Enalapril Biotech 5mg; 10mg; 20mg |
| | | | Enalapril Unicorn 10mg; 20mg |
| | | | Envas 5mg; 10mg |
| | | | Hypace 5mg |
| | | | Lisinopril |
| | | Sinopren 5mg; 10mg; 20mg | |
| | | Perindopril | Ciplasyl 4mg; 8mg |
| | | | Pearinda 4mg; 8mg |
| | | | Perindopril Unicorn 4mg; 8mg |
| | | | Prexum 5mg |
| | | | Ran-Perindopril 4mg |
| | Spec-Perindopril 4mg; 8mg | | |
| | Quinapril | Accumax 10mg; 20mg | |
| | Angiotensin II antagonists: Combinations | Losartan and diuretics | Hytenza co 50/12.5mg |
| | | | Losaar Plus 50/12.5mg; 100/25mg |
| | | | Losacar co 50/12.5mg |
| | | | Losartan co Unicorn 50/12.5mg; 100/25mg |
| | | | Netrasol co 50/12.5mg; 100/25mg |
| | | Zartan co 50/12.5mg; 100/25mg | |
| | Valsartan and diuretics | Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg | |
| | Angiotensin II antagonists: Plain | Irbesartan | Dynarb 150mg; 300mg |
| | | Losartan | Ciplazar 100mg |
| | | | Losartan Unicorn 100mg |
| | | | Spec-Losartan 100mg |
| | Zartan 100mg | | |
| | Calcium supplements | Calcium carbonate | B-cal |
| | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | | | Folic acid 0.5mg |
| | Hepatitis B Vaccine | Hepatitis B, purified antigen | Engerix-b (new) monodose 1ml 20mcg/1ml |
| | | | Euvax b vial 1ml 20mcg/1ml |
| | | | Heberbio hbv sgl dose 1ml adult 20mcg/1ml |
| | Iron in combination with folic acid | Ferrous fumarate | Pregamal |
| | Iron, parenteral preparations | Iron, parenteral preparations | Cosmofer ampoule 2ml 50mg/1ml |
| | | | Equifer ampoule 5ml 100mg/5ml |
| | | | Rautevene ampoule 5ml 100mg/5ml |
| | | | Sucrofer 5ml 20mg/1ml |
| | | | Zypiron vial 5ml 20mg/1ml |
| Other anti-anaemic preparations | Darbepoetin Alfa | Aranesp pre-filled syringe 0.4ml 10mcg/0.4ml | |
| | | Aranesp pre-filled syringe 0.5ml 20mcg/0.5ml | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------------|---|--|--|
| Chronic renal disease | Other anti-anaemic preparations | Darbepoetin Alfa | Aranesp pre-filled syringe 0.3ml 30mcg/0.3ml |
| | | | Aranesp pre-filled syringe 0.4ml 40mcg/0.4ml |
| | | | Aranesp pre-filled syringe 0.5ml 50mcg/0.5ml |
| | | | Aranesp pre-filled syringe 0.3ml 60mcg/0.3ml |
| | | Erythropoietin | Eprex pre-fill 2000U/0.5ml |
| | | | Eprex pre-fill 4000U/0.4ml |
| | | | Recormon pre-filled syringe 500U/0.3ml |
| | | | Recormon pre-filled syringe 2000U/0.3ml |
| | | | Recormon pre-filled syringe 4000U/0.3ml |
| | | | Repotin ampoule 1ml 2000U |
| | | Methoxy polyethylene glycol-epoetin beta | Mircera pre-filled syringe 0.3ml 30mcg/0.3ml |
| | | | Mircera pre-filled syringe 0.3ml 50mcg/0.3ml |
| | Mircera pre-filled syringe 0.3ml 75mcg/0.3ml | | |
| | Mircera pre-filled syringe 0.3ml 100mcg/0.3ml | | |
| | Mircera pre-filled syringe 0.3ml 120mcg/0.3ml | | |
| | Mircera pre-filled syringe 0.3ml 150mcg/0.3ml | | |
| | Mircera pre-filled syringe 0.3ml 200mcg/0.3ml | | |
| | Mircera pre-filled syringe 0.3ml 250mcg/0.3ml | | |
| | Vitamin D and analogues | Alfacalcidol | One alpha 0.25mcg; 1mcg |
| Coronary artery disease | Anti-thrombotic Agents: Clopidogrel | Clopidogrel | Clopidogrel 75 Biotech 75mg |
| | | | Closolve 75mg |
| | | | Pharma Dynamics Clopidogrel 75mg |
| | | | Plagrol 75mg |
| | Aspirin | Acetylsalicylic acid | Myoprin 100mg |
| | Beta blocking agents: Non-selective | Propranolol | Inderal 10mg |
| | | | Indoblok 10mg; 40mg |
| | | | Purbloka 40mg |
| | Beta blocking agents: Selective | Atenolol | B-Block 100mg |
| | | | Bio-Atenolol 50mg; 100mg |
| | | | Gulf Atenolol 50mg; 100mg |
| | | | Tenopress 50mg; 100mg |
| | | | Zetenol 50mg; 100mg |
| | Selective calcium channel blockers with direct cardiac effects | Diltiazem | Adco-Zildem 60mg |
| | | | Adco-Zildem SR 180mg; 240mg |
| | | Verapamil | Vasomil 40mg; 80mg |
| | Selective calcium channel blockers with mainly vascular effects | Amlodipine | Amtas 5mg; 10mg |
| | | | Austell-Amlodipine 5mg; 10mg |
| | | | Calbloc 5mg; 10mg |
| | | | Ciplavasc 5mg; 10mg |
| | | | Gulf Amlodipine 5mg; 10mg |
| | | | Lomanor 5mg; 10mg |
| | | | Pendine 5mg; 10mg |

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength | |
|---|---|--|--|---------------------------------|
| Coronary artery disease | Selective calcium channel blockers with mainly vascular effects | Amlodipine | Pharma Dynamics Amlodipine besylate 5mg; 10mg | |
| | | Felodipine | Felodipine-Hexal 5mg; 10mg | |
| | | | Plendil 2.5mg; 5mg | |
| | Nifedipine | Cipalat Retard 20mg | | |
| | Vasodilators in cardiac disease: Organic nitrates | Glyceryl trinitrate | Angised 0.5mg | |
| | | Isosorbide dinitrate | Isordil 30mg | |
| | | | Sandoz Isosorbide dinitrate 5mg; 10mg | |
| | | Isosorbide mononitrate | Elantan 20mg | |
| | | | Elantan LA 50mg | |
| | Monicor SR 60mg | | | |
| Crohn's disease | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg | |
| | | | Folic acid 0.5mg | |
| | Intestinal anti-inflammatories: Aminosalicylic acid and similar agents | Mesalazine | Asacol 400mg; 800mg | |
| | | | Mezavant 1200mg | |
| | | | Pentasa 500mg; 1000mg | |
| | | | Salofalk 1000mg | |
| | | Olsalazine | Dipentum 250mg | |
| | | Sulfasalazine | Salazopyrin 500mg Salazopyrin EN 500mg | |
| | Intestinal anti-inflammatories: Corticosteroids | Budesonide | Entocord enema | |
| | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg | |
| | | | Azathioprine PCH 50mg | |
| | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg | |
| | | | Methotrexate 2.5mg | |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | |
| | | | Panafcort 5mg | |
| | | | Trolic 5mg | |
| | Diabetes insipidus | Posterior pituitary hormones: Vasopressin and analogues | Desmopressin | Ddavn 0.1mg; 0.2mg |
| | | | | Ddavn nasal spray 5ml 0.1mg/1ml |
| | Diabetes mellitus Type 1 | Anti-diabetic agents: Fast-acting Insulins | Insulin Glulisine | Apidra - cartridge 3ml |
| | | | Insulin Human | Biosulin r - cartridge 3ml |
| Humulin r - cartridge 3ml; vial 10ml | | | | |
| Insulin Lispro | | Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml | | |
| Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic) | | Insulin Aspart | Novomix 30 - flexpen 3ml | |
| | | Insulin Human | Actraphane hm(ge) - vial 10ml | |
| | | | Biosulin 30-70 - cartridge 3ml | |
| | | | Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml | |
| | | | Insuman comb 30/70 - cartridge 3ml | |
| | | Insulin Lispro | Humalog mix 25 - cartridge 3ml; kwikpen 3ml; vial 10ml | |
| Humalog mix 50 - cartridge 3ml; kwikpen 3ml | | | | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength | |
|--|--|---|---|--|
| Diabetes mellitus Type 1 | Anti-diabetic agents: Intermediate-acting Insulins | Insulin Human | Biosulin l - cartridge 3ml | |
| | | | Biosulin n - cartridge 3ml | |
| | | | Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml | |
| | Anti-diabetic agents: Long-acting Insulins | Insulin Detemir | Insulin Glargine | Levemir - pre-filled cartridge 3ml |
| | | | | Basaglar - cartridge 3ml; pre-filled pen 3ml |
| | | Optisulin - cartridge 3ml; pen 3ml | | |
| | Aspirin | Acetylsalicylic acid | Myoprin 100mg | |
| | Blood glucose monitoring agents | Glucose strips | Accu-chek active strips | |
| | | | Accu chek instant strips | |
| | | | Caresens n glucose test strips 29g | |
| | | | Fora diamond blood glucose strips | |
| | | | Freestyle optium glucose test strips | |
| | | | Glucocheck strips 50's | |
| | | | Glucoplus | |
| | | | Glucoplus provider strips | |
| | | | Glucose test strips easymax | |
| | | | On-call plus ez strips | |
| | | | Onetouch select plus test strips | |
| | | | Onetouch select test strips | |
| | | | Test blood glucose strip clicks bionime gs550 | |
| | | | Surgical item | Lancets |
| | Lancets blood collection needles loris | | | |
| | Lancet fora collection needles sterile 3 | | | |
| | Lancets solus v2 | | | |
| | Lancets unilet sterile 28g | | | |
| | Lancets unilet sterile 28g 4cm x 6cm x 7 | | | |
| | On-call lancets glucose | | | |
| | Needles | Droplet pen needle 12mm x 29g | | |
| | | Droplet pen needle 10mm x 29g | | |
| | | Droplet pen needle 8mm x 31g | | |
| | | Droplet pen needle 6mm x 31g | | |
| | | Droplet pen needle 6mm x 32g | | |
| | | Needle insulin pen bd microfine 30g 8mm | | |
| Needle insulin pen bd microfine 31g 5mm | | | | |
| Needle insulin pen bd microfine tw 32g 4mm | | | | |
| Needle novofine | | | | |
| Syringes | | Needle accufine insulin pen 8 x 30g | | |
| | | Syringe insulin 1.0ml with 27g needle | | |
| | Syringe insulin bd microfine 0.3ml 30g 8mm demi | | | |
| | Syringe insulin bd microfine 1ml 9g 12.7mm | | | |
| | Syringe insulin bd microfine 1ml 30g 8mm | | | |
| Diabetes mellitus Type 2 | Anti-diabetic agents: Biguanides | Metformin | Accord Metformin 500mg; 850mg | |
| | | | Apex-Metformin 500mg | |
| | | | Arrow Metformin 500mg; 850mg | |

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength | |
|--------------------------------------|--|---|--|--|
| Diabetes mellitus Type 2 | Anti-diabetic agents: Biguanides | Metformin | Austell-Metformin 500mg; 850mg | |
| | | | Bigsens 500mg; 850mg; 1000mg | |
| | | | Diaformin 500mg | |
| | | | Diaformin forte 850mg | |
| | | | Diamin 500mg; 850mg | |
| | | | Diaphage 500mg; 850mg; 1000mg | |
| | | | Gluconorm 500mg; 850mg | |
| | | | Mengen 500mg; 850mg; 1000mg | |
| | | | Metchek 500mg; 850mg | |
| | | | Metforal 500mg; 850mg | |
| | | | Metformin Alkem 500mg; 850mg | |
| | | | Metored 500mg; 850mg; 1000mg | |
| | | | Metphage 500mg; 850mg | |
| | | | Mylan Metformin 500mg; 850mg; 1000mg | |
| | | | Romidab 500mg; 850mg; 1000mg | |
| | | | Sandoz Metformin 500mg | |
| | Sandoz Metformin FCT 500mg; 850mg | | | |
| | Anti-diabetic agents: Fast-acting Insulins | Insulin Glulisine | Apidra - cartridge 3ml | |
| | | | Insulin Human | Biosulin r - cartridge 3ml |
| | | | | Humulin r - cartridge 3ml; vial 10ml |
| | Insulin Lispro | Humalog - cartridge 3ml; kwikpen 3ml; vial 10ml | | |
| | Anti-diabetic agents: Intermediate-acting or long-acting combined with fast-acting Insulins (Biphasic) | Insulin Aspart | Novomix 30 - flexpen 3ml | |
| | | | Insulin Human | Actraphane hm(ge) - vial 10ml |
| | | Biosulin 30-70 - cartridge 3ml | | |
| | | Humulin 30/70 - cartridge 3ml; kwikpen 3ml; vial 10ml | | |
| | | Insuman comb 30/70 - cartridge 3ml | | |
| | | Insulin Lispro | Humalog mix 25 - cartridge 3ml; kwikpen 3ml; vial 10ml | |
| | Humalog mix 50 - cartridge 3ml; kwikpen 3ml | | | |
| | Anti-diabetic agents: Intermediate-acting Insulins | Insulin Human | Biosulin l - cartridge 3ml | |
| | | | Biosulin n - cartridge 3ml | |
| | | | Humulin n - cartridge 3ml; kwikpen 3ml; vial 10ml | |
| | Anti-diabetic agents: Long-acting Insulins | Insulin Detemir | Levemir - prefilled cartridge 3ml | |
| | | | Insulin Glargine | Basaglar - cartridge 3ml; pre-filled pen 3ml |
| | | Optisulin - cartridge 3ml; pen 3ml | | |
| | Anti-diabetic agents: Other, excluding Insulins: Exanatide | Exanatide | Byetta disposable pen 1.2ml 5mcg/1dose 60 dose | |
| | | | Byetta disposable pen 2.4ml 10mcg/1dose 60 dose | |
| | Anti-diabetic agents: Sulfonamides, urea derivatives | Glibenclamide | Bio-Glibenclamide 5mg | |
| | | | Diacare 5mg | |
| | | | Glycomin 5mg | |
| | | Gliclazide | Adco-Glucomed 80mg | |
| | | | Austell-Gliclazide 80mg | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------------|---|--|---|
| Diabetes mellitus Type 2 | Anti-diabetic agents: Sulfonamides, urea derivatives | Gliclazide | Diagluclide 80mg |
| | | | Diagluclide MR 60mg |
| | | | Diaran MR 30mg |
| | | | Dyna Gliclazide SR 30mg |
| | | | Gliclazide Unicorn MR 30mg |
| | | | Glycron 80mg |
| | | | Glygard 80mg |
| | | | Mylan Gliclazide 80mg |
| | | | Sandoz Gliclazide 80mg |
| | Anti-diabetic agents: Thiazolidinediones | Pioglitazone | Accord Pioglitazone 15mg; 30mg; 45mg |
| | | | Cipla-Pioglitazone 15mg; 30mg |
| | Aspirin | Acetylsalicylic acid | Myoprin 100mg |
| | Blood glucose monitoring agents | Glucose strips | Accu-chek active strips |
| | | | Accu chek instant strips |
| | | | Caresens n glucose test strips 29g |
| | | | Fora diamond blood glucose strips |
| | | | Freestyle optium glucose test strips |
| | | | Glucocheck strips 50's |
| | | | Glucoplus |
| | | | Glucoplus provider strips |
| | | | Glucose test strips easymax |
| | | | On-call plus ez strips |
| | | | Onetouch select plus test strips |
| | | | Onetouch select test strips |
| | | | Test blood glucose strip clicks bionime gs550 |
| | Dipeptidyl peptidase inhibitors: Saxagliptin | Saxagliptin | Onglyza 2.5mg; 5mg |
| | Surgical item | Lancets | Lancets 50's |
| | | | Lancets blood collection needles loris |
| | | | Lancet fora collection needles sterile 3 |
| | | | Lancets solus v2 |
| | | | Lancets unilet sterile 28g |
| | | | Lancets unilet sterile 28g 4cm x 6cm x 7 |
| On-call lancets glucose | | | |
| Needles | | Droplet pen needle 12mm x 29g | |
| | | Droplet pen needle 10mm x 29g | |
| | | Droplet pen needle 8mm x 31g | |
| | | Droplet pen needle 6mm x 31g | |
| | | Droplet pen needle 6mm x 32g | |
| | | Needle insulin pen bd microfine 30g 8mm | |
| | | Needle insulin pen bd microfine 31g 5mm | |
| | | Needle insulin pen bd microfine tw 32g 4mm | |
| | | Needle novofine | |
| | | Syringes | Needle accufine insulin pen 8 x 30g |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|---|--|---|---|
| Diabetes mellitus Type 2 | Surgical item | Syringes | Syringe insulin 1.0ml with 27g needle |
| | | | Syringe insulin bd microfine 0.3ml 30g 8mm demi |
| | | | Syringe insulin bd microfine 1ml 9g 12.7mm |
| | | | Syringe insulin bd microfine 1ml 30g 8mm |
| Dysrhythmia | Anti-arrhythmics: class Ic | Flecainide | Tambocor 100mg |
| | | | Tambocor CR 100mg; 200mg |
| | Anti-arrhythmics: class III - Amiodarone | Amiodarone | Rythmol 150mg; 300mg |
| | | | Arycor 100mg; 200mg |
| | | | Bio-Amiodarone 200mg |
| | Anti-thrombotic agents: Vitamin K antagonists | Warfarin | Hexarone 100mg; 200mg |
| | | | Cipla-Warfarin 1mg; 5mg |
| | Aspirin | Acetylsalicylic acid | Myoprin 100mg |
| | Beta blocking agents: Non-selective | Propranolol | Inderal 10mg |
| | | | Indoblok 10mg; 40mg |
| | | | Purbloka 40mg |
| | Beta blocking agents: Selective | Sotalol | Sotahexal 80mg; 160mg |
| | | | Atenolol |
| | Cardiac glycosides: Digoxin | Digoxin | Bio-Atenolol 50mg; 100mg |
| | | | Gulf Atenolol 50mg; 100mg |
| | Selective calcium channel blockers with direct cardiac effects | Verapamil | Tenopress 50mg; 100mg |
| | | | Zetenol 50mg; 100mg |
| | | | Lanoxin 0.0625mg; 0.25mg |
| | Anti-epileptics: Benzodiazepine derivatives | Clonazepam | Lanoxin paediatric/geriatric syrup 0.05mg/1ml |
| | | | Vasomil 40mg; 80mg |
| Anti-epileptics: Carboxamide derivatives | Carbamazepine | Verahexal SR 240mg | |
| | | Clonam 0.5mg; 2mg | |
| | | Rivotril 0.5mg; 2mg | |
| Anti-epileptics: Fatty acid derivatives | Valproic acid | Degranol 200mg | |
| | | Tegretol CR 200mg; 400mg | |
| | | Zeptol 200mg | |
| | | Convulex 150mg | |
| | | Convulex syrup 250mg/5ml | |
| | | Epilim crushable 100mg | |
| | | Epilim sugar-free syrup 200mg/5ml | |
| | | Epilizine CR 200mg; 300mg; 500mg | |
| Anti-epileptics: Hydantoin derivatives | Phenytoin | Eprolep CR 200mg; 300mg; 500mg | |
| | | Navalpro CR 200mg; 300mg; 500mg | |
| Anti-epileptics: Other agents | Lamotrigine | Valeptic CR 300mg; 500mg | |
| | | Phenytoin sod 100mg | |
| | | Dyna-Lamotrigine 25mg; 50mg; 100mg; 200mg | |
| | | Epitec 25mg; 50mg; 100mg; 200mg | |
| | | Girotec 50mg; 100mg; 200mg | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength | |
|--------------------------------------|--|---|---------------------------------------|-------------------------------|
| Epilepsy | Anti-epileptics: Other agents | Lamotrigine | Lamidus 50mg | |
| | | | Lamitor 25mg; 50mg; 100mg; 200mg | |
| | | Topiramate | Epitoz 25mg; 50mg; 100mg | |
| | Anti-epileptics: Barbiturates and derivatives | Phenobarbital | Lethyl 30mg | |
| | | | Sedabarb 30mg | |
| | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg | |
| | | | Folic acid 0.5mg | |
| Glaucoma | Anti-glaucoma agents: Carbonic anhydrase inhibitors | Dorzolamide | Glaucompress 5ml 2% | |
| | | | Trusopt 5ml owi 2% | |
| | Anti-glaucoma agents: Prostaglandin analogues | Bimatoprost | Lumigan 0.01% | |
| | | | Latanoprost | Atana 2.5ml 50mcg/1ml |
| | | | | Spersatan 2.5ml 50mcg/1ml |
| | | | | Xalatan 2.5ml 50mcg/1ml |
| | Travoprost | Travatan 2.5ml 0.004% | | |
| | | Anti-glaucoma agents: Sympathomimetics | Brimonidine | Alphagan purite 5ml 1.5mg/1ml |
| | Brimoct 5ml 2mg/1ml | | | |
| | Anti-glaucoma Beta blocking agents: Timolol | Timolol | Glaucosan 5ml 0.5% | |
| | | | Occumol 5ml 0.5% | |
| | Anti-glaucoma Beta blocking agents: Timolol, combinations | Timolol, combinations | Azarga 5ml | |
| | | | Co-Atana 2.5ml | |
| | | | Combigan 5ml 2mg/5mg | |
| | | | Cosopt 5ml 0.5% | |
| | | | Duotrav 2.5ml | |
| | | | Ganfort 3ml | |
| | | | Glaumide-co 5ml | |
| | | | Glauopt co 5ml | |
| | Xalacom 2.5ml | | | |
| Haemophilia | Analgesics: Paracetamol | Paracetamol | Adco-Napamol 500mg | |
| | | | Adco-Prolief 500mg | |
| | | | Cetapon 500mg | |
| | | | Painogestic 500mg | |
| | Anti-fibrinolytics: Amino acids | Tranexamic acid | Tranexamic Acid Medwich 500mg | |
| | | | Blood coagulation factors | Coagulation factor IX |
| | Coagulation factor VIII | Haemosolvate VIII 300U; 500U; 1000U | | |
| | Posterior pituitary hormones: Vasopressin and analogues | Desmopressin | Ddavn 0.1mg; 0.2mg | |
| | | | Ddavn nasal spray 5ml 0.1mg/1ml | |
| | Hyperlipidaemia | Lipid modifying agents: Fibrates | Bezafibrate | Dyna-Bezafibrate SR 400mg |
| Sandoz Bezafibrate 400mg | | | | |
| Lipid modifying agents: Statins | | Atorvastatin | Adco Atorvastatin 10mg; 20mg; 40mg | |
| | | | Aspavor 10mg; 20mg; 40mg; 80mg | |
| | | | Astor 40mg; 80mg | |
| | | | Atolip 10mg; 20mg; 40mg; 80mg | |
| | | | Atorvastatin Unicorn 10mg; 20mg; 40mg | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength | | | |
|--------------------------------------|--|-----------------------------------|---------------------------------------|---|----------------------------|--|
| Hyperlipidaemia | Lipid modifying agents: Statins | Atorvastatin | Dynator 40mg; 80mg | | | |
| | | | Lestavor 10mg; 20mg; 40mg; 80mg | | | |
| | | | Lipogen 10mg; 20mg; 40mg; 80mg | | | |
| | | | Vastor 10mg; 20mg; 40mg; 80mg | | | |
| | | Simvastatin | Adco-Simvastatin 10mg; 20mg; 40mg | | | |
| | | | Aspen Simvastatin 10mg; 20mg; 40mg | | | |
| | | | Austell-Simvastatin 10mg; 20mg; 40mg | | | |
| | | | Choleste 20mg; 40mg | | | |
| | | | Cipla-Simvastatin 10mg; 20mg; 40mg | | | |
| | | | Simvacor 40mg | | | |
| | | | Zysim 10mg; 20mg | | | |
| | | | Hypertension | ACE inhibitors and calcium channel blockers | Perindopril and Amlodipine | Coveram 5/5mg; 10/5mg; 5/10mg; 10/10mg |
| | | | | ACE inhibitors and diuretics | Enalapril and diuretics | Enap co 20/12.5mg |
| Pharmapress co 20/12.5mg | | | | | | |
| Lisinopril and diuretics | Adco-Zetomax co 10/12.5mg; 20/12.5mg | | | | | |
| | Lisinopril co Unicorn 10/12.5mg; 20/12.5mg | | | | | |
| | Lisoretic 10/12.5mg; 20/12.5mg | | | | | |
| | Lisozide 10/12.5mg; 20/12.5mg | | | | | |
| Zestoretic 10/12.5mg; 20/12.5mg | | | | | | |
| Perindopril and diuretics | Bioprexum Plus 10/2.5mg | | | | | |
| | Ciplasyl Plus 4/1.25mg | | | | | |
| | Pearinda Plus 4/1.25mg | | | | | |
| | Perindopril co Unicorn 4/1.25mg | | | | | |
| | Prexum Plus 5/1.25mg | | | | | |
| | Vectoryl Plus 4/1.25mg | | | | | |
| ACE inhibitors: Plain | Captopril | Adco-Captomax 25mg; 50mg | | | | |
| | | Bio-Captopril 25mg | | | | |
| | | Mylan Captopril 25mg; 50mg | | | | |
| | Enalapril | Alapren 5mg; 10mg; 20mg | | | | |
| | | Enalapril Biotech 5mg; 10mg; 20mg | | | | |
| | | Enalapril Unicorn 10mg; 20mg | | | | |
| | | Envas 5mg; 10mg | | | | |
| | | Hypace 5mg | | | | |
| | Lisinopril | Austell-Lisinopril 10mg; 20mg | | | | |
| | | Sinopren 5mg; 10mg; 20mg | | | | |
| | Perindopril | Ciplasyl 4mg; 8mg | | | | |
| | | Pearinda 4mg; 8mg | | | | |
| | | Perindopril Unicorn 4mg; 8mg | | | | |
| | | Prexum 5mg | | | | |
| | | Ran-Perindopril 4mg | | | | |
| | | Spec-Perindopril 4mg; 8mg | | | | |
| | Quinapril | Accumax 10mg; 20mg | | | | |
| | Alpha and Beta blocking agents | Carvedilol | Aspen Carvedilol 6.25mg; 12.5mg; 25mg | | | |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--|---|----------------------------|--|
| Hypertension | Alpha and Beta blocking agents | Carvedilol | Carloc 6.25mg; 12.5mg; 25mg |
| | | | Carvedilol Unicorn 6.25mg; 12.5mg; 25mg |
| | | | Carvetrend 6.25mg; 12.5mg; 25mg |
| | | | Vediblok 6.25mg; 12.5mg; 25mg |
| | Angiotensin II antagonists: Combinations | Losartan and diuretics | Hytenza co 50/12.5mg |
| | | | Losaar Plus 50/12.5mg; 100/25mg |
| | | | Losacar co 50/12.5mg |
| | | | Losartan co Unicorn 50/12.5mg; 100/25mg |
| | | | Netrasol co 50/12.5mg; 100/25mg |
| | | | Zartan co 50/12.5mg; 100/25mg |
| | Angiotensin II antagonists: Plain | Valsartan and diuretics | Dynaval co 80/12.5mg; 160/12.5mg; 160/25mg |
| | | Irbesartan | Dynarb 150mg; 300mg |
| | Angiotensin II antagonists: Plain | Losartan | Ciplazar 100mg |
| | | | Losartan Unicorn 100mg |
| | | | Spec-Losartan 100mg |
| | | | Zartan 100mg |
| | Anti-adrenergic agents: Alpha-adrenoreceptor antagonists | Doxazosin | Cardugen 1mg; 4mg |
| | Anti-adrenergic agents: Methyldopa | Methyldopa | Hypotone 250mg |
| | | | Mylan Methyldopa 250mg |
| | Anti-adrenergic agents: Rauwolfia alkaloids | Reserpine | Reserpine 0.25mg |
| | Arteriolar smooth muscle agents: Hydrazinophthalazine derivatives | Hydralazine | Hyperphen 10mg; 50mg |
| | | | Sandoz Hydralazine 25mg |
| | Beta blocking agents: Non-selective | Propranolol | Inderal 10mg |
| | | | Indoblok 10mg; 40mg |
| | | | Purbloka 40mg |
| | Beta blocking agents: Selective | Atenolol | B-Block 100mg |
| | | | Bio-Atenolol 50mg; 100mg |
| | | | Gulf Atenolol 50mg; 100mg |
| | | | Tenopress 50mg; 100mg |
| | | | Zetenol 50mg; 100mg |
| High-ceiling diuretics | Furosemide | Dino-Retic 40mg | |
| | | Diuresix 40mg | |
| | | Furobe 40mg | |
| | | Mylan Furosemide 40mg | |
| Low-ceiling diuretics: Thiazides, plain | Hydrochlorothiazide | Hexazide 25mg | |
| | | Ridaq 12.5mg | |
| Low-ceiling diuretics: excluding Thiazides | Indapamide | Cipla-Indapamide 2.5mg | |
| | | Dapril 2.5mg | |
| | | Mylan Indapamide 2.5mg | |
| Potassium sparing agents | Spironolactone | Aldactone 25mg | |
| | | Sandoz Spironolactone 25mg | |



NETCARE MEDICAL SCHEME
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| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------------|---|----------------------|--|
| Hypertension | Potassium sparing agents | Spirolactone | Spiractin 25mg |
| | Potassium supplements | Potassium chloride | Plenish K 600mg |
| | | | Potassium Chloride Unicorn 600mg |
| | | | Sandoz K-600 600mg |
| | | | Ultipot 600mg |
| | Selective calcium channel blockers with direct cardiac effects | Diltiazem | Adco-Zildem 60mg |
| | | | Adco-Zildem SR 180mg; 240mg |
| | | Verapamil | Vasomil 40mg; 80mg |
| | | | Verahexal SR 240mg |
| | Selective calcium channel blockers with mainly vascular effects | Amlodipine | Amtas 5mg; 10mg |
| | | | Austell-Amlodipine 5mg; 10mg |
| | | | Calbloc 5mg; 10mg |
| | | | Ciplavasc 5mg; 10mg |
| | | | Gulf Amlodipine 5mg; 10mg |
| | | | Lomanor 5mg; 10mg |
| | | | Pendine 5mg; 10mg |
| | | | Pharma Dynamics Amlodipine besylate 5mg; 10mg |
| | | Felodipine | Felodipine-Hexal 5mg; 10mg |
| | | | Plendil 2.5mg; 5mg |
| Nifedipine | Cipalat Retard 20mg | | |
| Hypothyroidism | Thyroid hormones | Levothyroxine sodium | Euthyrox 25mcg; 50mcg; 100mcg |
| Multiple sclerosis | Anti-depressants: Tricyclics | Amitriptyline | Gulf Amitriptyline 25mg |
| | | | Sandoz Amitriptyline 25mg |
| | | | Trepiline 10mg |
| | Drugs for urinary frequency and incontinence | Oxybutynin | Lenditro 5mg |
| | | | Mylan Oxybutynin 5mg |
| | | | Oxyrest 5mg |
| | Interferons | Interferon beta-1a | Avonex pre-filled syringe 0.5ml 30mcg/0.5ml |
| | | | Rebif 22 pre-filled syringe 0.5ml 22mcg/0.5ml |
| | | | Rebif 22 rebidose pre-filled pen 0.5ml 22mcg/0.5ml |
| | | | Rebif 44 pre-filled syringe 0.5ml 44mcg/0.5ml |
| | | | Rebif 44 rebidose pre-filled pen 0.5ml 44mcg/0.5ml |
| | Muscle relaxants: Other centrally acting agents | Baclofen | Bio-Baclofen 10mg |
| | | | Teva Baclofen 10mg |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| Panafcort 5mg | | | |
| Trolic 5mg | | | |
| Parkinson's disease | Anticholinergic agents: Tertiary amines | Biperiden | Akineton 2mg |
| | Dopamine agonists | Pramipexole | Mylan Pramipexole 0.125mg; 0.25mg; 1mg |
| | | | Oxpola 0.125mg; 0.25mg; 1mg |
| | | | Pramex 0.125mg; 0.25mg; 1mg |



NETCARE MEDICAL SCHEME
Administered by Discovery Health

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength | |
|--|--|-----------------------------------|--|--------------------------------------|
| Parkinson's disease | Dopamine agonists | Ropinirole | Accord Ropinirole 0.25mg; 0.5mg; 1mg; 2mg; 5mg | |
| | | | Requip 0.25mg; 0.5mg; 1mg; 2mg; 5mg | |
| | Dopaminergic agents: Adamantane derivatives | Amantadine | Symadin 100mg | |
| | | | Levodopa and decarboxylase inhibitor | Levodopa and decarboxylase inhibitor |
| | Teva Carbi-Levo 25/100mg; 25/250mg | | | |
| Rheumatoid arthritis | Anti-inflammatory agents: Acetic acid derivatives and related substances | Diclofenac | Adco-Diclofenac 50mg | |
| | | | A-Lennon Diclofenac 25mg; 50mg | |
| | | | Diclofenac Biotech 25mg | |
| | | | Mylan Diclofenac 25mg; 50mg | |
| | | | Panamor AT 50mg | |
| | | Indomethacin | Indomethacin | Betacin 25mg |
| | | | | Gulf Indomethacin 25mg |
| | | | | Methocaps 25mg |
| | | Anti-inflammatory agents: Coxibs | Celecoxib | Coxleon 100mg; 200mg |
| | | Anti-inflammatory agents: Oxicams | Meloxicam | Adco-Meloxicam 15mg |
| | Coxflam 7.5mg | | | |
| | Flexocam 7.5mg | | | |
| | Medoxicam 7.5mg | | | |
| | Zydus-Meloxicam 7.5mg | | | |
| | Piroxicam | | Pyrocaps 20mg | |
| | Roxifen 20mg | | | |
| | Anti-inflammatory agents: Propionic acid derivatives | Ibuprofen | Ibuprofen | Betaprofen 200mg |
| | | | | Betaprofen FC 400mg |
| | | | | Bren 400mg |
| | | | | Ibucine 200mg; 400mg |
| | | | | Ibunate 200mg |
| | | | | Ranfen 400mg |
| | | Naproxen | Naproxen | Mylan Naproxen 250mg |
| | | | | Naproscript 250mg |
| | Anti-rheumatic agents: Chloroquine | Chloroquine | Plasmoquine 200mg | |
| | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg | |
| | | | Folic acid 0.5mg | |
| | Intestinal anti-inflammatories: Aminosalicic acid and similar agents | Sulfasalazine | Salazopyrin 500mg | |
| | | | Salazopyrin EN 500mg | |
| | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg | |
| Azathioprine PCH 50mg | | | | |
| Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg | | |
| | | Methotrexate 2.5mg | | |
| Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | | |
| | | Panafcort 5mg | | |
| | | Trolic 5mg | | |

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------------|--|-----------------------------------|--|
| Schizophrenia | Anti-depressants: SSRI's | Citalopram | Adco-Talomil 20mg |
| | | | Arrow Citalopram 40mg |
| | | | Bio Citalopram 20mg |
| | | | Cilate 20mg |
| | | Escitalopram | Accord Escitalopram 10mg; 20mg |
| | | | Zitolex 10mg; 20mg |
| | | | Zytomil 10mg; 20mg |
| | | Fluoxetine | Deprozan 20mg |
| | | | Fluoxetine Actor 20mg |
| | | | Prolax 20mg |
| | | | Ranflocs 20mg |
| | | Sertraline | Dyna Sertraline 50mg; 100mg |
| | | | Serdep 50mg; 100mg |
| | Serlife 50mg; 100mg | | |
| | Anti-epileptics: Carboxamide derivatives | Carbamazepine | Degranol 200mg |
| | | | Tegretol CR 200mg; 400mg |
| | | | Zeptol 200mg |
| | Anti-psychotics: Clozapine | Clozapine | Aspen Clozapine 25mg; 100mg |
| | | | Cloment 25mg; 100mg |
| | Anti-psychotics: Olanzapine | Olanzapine | Olawin 5mg; 10mg |
| | | | Olawin oradispersible 5mg; 10mg |
| | | | Olexar 5mg; 10mg |
| | | | Prexolan ODT 5mg; 10mg |
| | | | Redilanz 5mg; 10mg |
| | | | Zylena 5mg; 10mg |
| | Anti-psychotics: Phenothiazines with aliphatic side-chain | Chlorpromazine | Largactil 25mg; 100mg |
| | Anti-psychotics: Quetiapine | Quetiapine | Dopaquel 25mg; 100mg; 200mg; 300mg |
| | | | Mylan Quetiapine 25mg; 100mg; 200mg; 300mg |
| | | | Psyquet 25mg; 100mg; 200mg; 300mg |
| | | | Quetiapine Biotech 25mg; 100mg; 200mg; 300mg |
| | | | Quetoser 25mg; 100mg; 200mg; 300mg |
| | | | Serez 25mg; 100mg; 200mg; 300mg |
| | | | Spec Quetiapine 25mg; 100mg; 200mg; 300mg |
| | Anti-psychotics: Thioxanthene derivatives | Flupenthixol | Fluanxol 0.5mg; 1mg |
| | | | Fluanxol depot 1ml 20mg |
| | | | Fluanxol depot 2ml 40mg |
| Zuclopenthixol | | Clopixol 2mg; 10mg | |
| | | Clopixol depot 200mg | |
| Other anti-psychotics | Risperidone | Perizal 0.5mg; 1mg; 2mg; 3mg | |
| | | Risnia 0.5mg; 1mg; 2mg; 3mg | |
| | | Rispacor 0.5mg; 1mg; 2mg; 3mg | |
| | | Rispevon 1mg; 2mg; 3mg; 4mg | |
| | | Zoxadon 0.5mg; 1mg; 2mg; 3mg; 4mg | |

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|---|---|-------------------------------|--------------------------------|
| Systemic lupus erythematosus (SLE) | Anti-inflammatory agents: Acetic acid derivatives and related substances | Diclofenac | Adco-Diclofenac 50mg |
| | | | A-Lennon Diclofenac 25mg; 50mg |
| | | | Diclofenac Biotech 25mg |
| | | | Mylan Diclofenac 25mg; 50mg |
| | | | Panamor AT 50mg |
| | | Indomethacin | Betacin 25mg |
| | | | Gulf Indomethacin 25mg |
| | | | Methocaps 25mg |
| | Anti-inflammatory agents: Coxibs | Celecoxib | Coxleon 100mg; 200mg |
| | Anti-inflammatory agents: Oxicams | Meloxicam | Adco-Meloxicam 15mg |
| | | | Coxflam 7.5mg |
| | | | Flexocam 7.5mg |
| | | | Medoxicam 7.5mg |
| | | | Zydus-Meloxicam 7.5mg |
| | | Piroxicam | Pyrocaps 20mg |
| | | | Roxifen 20mg |
| | Anti-inflammatory agents: Propionic acid derivatives | Ibuprofen | Betaprofen 200mg |
| | | | Betaprofen FC 400mg |
| | | | Bren 400mg |
| | | | Ibucine 200mg; 400mg |
| | | | Ibunate 200mg |
| | | | Ranfen 400mg |
| | | Naproxen | Mylan Naproxen 250mg |
| | | | Naproscript 250mg |
| | Anti-rheumatic agents: Chloroquine | Chloroquine | Plasmoquine 200mg |
| | Anti-thrombotic agents: Vitamin K antagonists | Warfarin | Cipla-Warfarin 1mg; 5mg |
| | Aspirin | Acetylsalicylic acid | Myoprin 100mg |
| | Emollients and protectives: Zinc products | Zinc products | Zinc ointment bp |
| | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | | | Folic acid 0.5mg |
| Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg | |
| | | Azathioprine PCH 50mg | |
| Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg | |
| | | Methotrexate 2.5mg | |
| Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg | |
| | | Panafcort 5mg | |
| | | Trolic 5mg | |
| Topical Corticosteroids: Group III | Betamethasone | Repivate cream 0.1% | |
| | | Topivate cream 0.1% | |
| | | Vari-Betamethasone cream 0.1% | |

| Prescribed Minimum Benefit condition | Medicine class | Active ingredient | Medicine name and strength |
|--------------------------------------|--|-------------------|---|
| Ulcerative colitis | Folic acid and derivatives | Folic acid | Be-Tabs Folic acid 5mg |
| | | | Folic acid 0.5mg |
| | Intestinal anti-inflammatories: Aminosalicic acid and similar agents | Mesalazine | Asacol 400mg; 800mg |
| | | | Mezavant 1200mg |
| | | | Pentasa 500mg; 1000mg |
| | | | Salofalk 1000mg |
| | | Olsalazine | Dipentum 250mg |
| | | Sulfasalazine | Salazopyrin 500mg Salazopyrin EN 500mg |
| | Intestinal anti-inflammatories: Corticosteroids | Budesonide | Entocord enema |
| | Other immunosuppressive agents: Azathioprine | Azathioprine | Azamun 50mg |
| | | | Azathioprine PCH 50mg |
| | Other immunosuppressive agents: Methotrexate | Methotrexate | Abitrexate 2.5mg |
| | | | Methotrexate 2.5mg |
| | Systemic Corticosteroids: Prednisone | Prednisone | Be-Tabs Prednisone 5mg |
| | | | Panafcort 5mg |
| Trolic 5mg | | | |

Complaints process

You may lodge a complaint or query with Netcare Medical Scheme directly on 0861 638 633 or address a complaint in writing to the Principal Officer at the Scheme's registered address. Should your complaint remain unresolved, you may lodge a formal dispute by following the Netcare Medical Scheme internal disputes process.

You may, as a last resort, approach the Council for Medical Schemes for assistance.

Council for Medical Schemes Complaints Unit, Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157 / 0861 123 267 / complaints@medicalschemes.com / www.medicalschemes.com