

# Request for pre-exposure prophylaxis (PREP)



NETCARE MEDICAL SCHEME  
Administered by Discovery Health

## Contact details

Tel: 0861 638 633 • PO Box 652509, Benmore, 2010 • [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za)

This application form is to register for pre-exposure prophylaxis and to apply for antiretroviral prophylaxis medicine. Cover for antiretroviral prophylaxis medicine is available subject to the Scheme Rules and the terms and conditions of the benefit.

This form is valid for 2019.

### Who we are

Netcare Medical Scheme, registration number 1584, is a non-profit organization, registered with the Council for Medical Schemes.

Discovery Health (Pty) Ltd (referred to as "the administrator") is a separate company and an authorised financial services provider (registration number 1997/013480/07), which takes care of the administration of your membership of Netcare Medical Scheme.

### How to complete this form

1. Please use one letter per block, complete in black ink and print clearly.
2. Please make sure the form is completed in full and signed by a healthcare professional.
3. Once complete, please email it to [hiv@netcaremedicalscheme.co.za](mailto:hiv@netcaremedicalscheme.co.za)

## 1. Patient details

|                   |                      |                       |                      |
|-------------------|----------------------|-----------------------|----------------------|
| Title             | <input type="text"/> | Surname               | <input type="text"/> |
| First name/s      | <input type="text"/> |                       |                      |
| Date of birth     | <input type="text"/> | ID or passport number | <input type="text"/> |
| Membership number | <input type="text"/> |                       |                      |
| Telephone (H)     | <input type="text"/> | (W)                   | <input type="text"/> |
| Cellphone         | <input type="text"/> | Fax                   | <input type="text"/> |
| Email address     | <input type="text"/> |                       |                      |

The outcome of this application must be sent to me by  Email  Fax

Please ensure your contact details are always up to date as we rely on this information to keep you updated. You may update your details on [www.netcaremedicalscheme.co.za](http://www.netcaremedicalscheme.co.za)

## 2. Main member details (Please ONLY complete this section if the patient is a minor)

|                   |                      |                       |                      |
|-------------------|----------------------|-----------------------|----------------------|
| Title             | <input type="text"/> | Surname               | <input type="text"/> |
| First name/s      | <input type="text"/> |                       |                      |
| Date of birth     | <input type="text"/> | ID or passport number | <input type="text"/> |
| Membership number | <input type="text"/> |                       |                      |
| Telephone (H)     | <input type="text"/> | (W)                   | <input type="text"/> |
| Cellphone         | <input type="text"/> | Fax                   | <input type="text"/> |
| Email address     | <input type="text"/> |                       |                      |

Patient's signature  
(if patient is a minor,  
main member must sign)

Original hand signature required

Date

Patient's name and surname

Membership number

### 3. Clinical data (to be completed by doctor)

Expected treatment start date:

Expected duration of treatment:

Clinical reason for requesting PREP:

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Special investigation results (please provide copies of the reports):

Test done?  Yes  No  If yes, specify results  Test date

Baseline HIV test\*  Yes  No  If yes, specify results  Test date

Serum Creatinine/eGFR  Yes  No  If yes, specify results  Test date

\*We need a negative ELISA result that is less than 1 month old before we can approve the treatment.

### 4. Medicine (to be completed by doctor)

| Medicine | Dosage | Duration of treatment |
|----------|--------|-----------------------|
|          |        |                       |
|          |        |                       |
|          |        |                       |
|          |        |                       |
|          |        |                       |
|          |        |                       |

Please specify any other medicine that the patient uses regularly \_\_\_\_\_

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### 5. Doctor's details (to be completed by the doctor)

Name

BHF practice number

Telephone   Fax

Cellphone

Email

I acknowledge that the approval of this treatment is subject to the HIV status of the patient and that I have received the patient's consent to disclose their HIV status and any other related information to Netcare Medical Scheme and Discovery Health (Pty) Ltd.

Signature of doctor  Original hand signature required  Date